

# Support Groups for the State of Maine

Information and Resource Center  
Office of Substance Abuse  
Maine Department of Health & Human Services

June 2006

## **A REQUEST FOR A MINUTE OF YOUR TIME**

The Office of Substance Abuse Information and Resource Center has put together this list of support groups in order that we may help all those people in the State of Maine in need of a support group.

Should you know of any changes or areas starting new meetings, please get in touch with us. We don't want to leave people without the best possible list of resources. Our contact information is listed below, along with a change form in the back of this publication.

Should your list be older than a year, please call to request a new one, as it is updated at least once a year.

**This list was updated June 2006**

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## Definitions of the Abbreviations

A	Accessible Meeting Location
AA	Alcoholics Anonymous
ACOA	Adult Children of Alcoholics
AIDS C&T	AIDS Counseling & Testing
AIDS Support	AIDS Support Group
Al anon	Affected Other of Substance Abusers
Alateen	Affected Teen of Substance Abusers
ABSI	As Bill Sees It
B	Beginners
BB	Big Book
C	Closed
CC	Child Care Provided (Recommended calling ahead)
CODA	Codependents Anonymous
D	Discussion
F	Family/Friends
G	Gay (Homosexual Men)
GAM	Gambler's Anonymous
GAM Anon	For Gambler's Affected Others (no meetings in June, 2006 listing)
GV	Grapevine-Subject Discussion
HTLN	Hotline
L	Lesbian (Homosexual Women)
Lit	Literature Discussed
M	Men Only
MED	Meditation
MH	Mental Health
NA	Narcotics Anonymous
Nar Anon	Affected Other of Substance Abusers
OA	Overeaters Anonymous
TOPS	Take Off Pounds Sensibly
SP	Speaker
ST	Step
Tag	Taking Turns to Speak
TTY	Teletypewriter (telecommunication for deaf persons)
W	Women Only
Wisdom	Support Group for Divorced or Widowed
Women Support	Support Group for Women

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
<b>AA</b>					
Abbott Village	D	Thurs	8 PM	Abbot Town Hall, RR 15, Monson Rd	
Acton	SP/A	Fri	7 PM	Acton Congregational Ch, H Road	
Alfred	SP/A	Sat	6:30 PM	Brothers of Notre Dame, Shaker Hill Rd	
Alfred	ST/A	Thurs	6:30 PM	Brothers of Notre Dame, Shaker Hill Rd	
Andover	D	Wed	7:30 PM	Andover Congregational Ch, 25 Elm St	
Aroostook Jct	D	Wed	8 PM	Our Lady of Mercy Ch, Main St	
Ashland	D	Thurs	7:30 PM	Ashland Comm Lib, 53 Exchange St	
Auburn	D/C	Sun	7 PM	High Street Congregational Ch, 35 High St	
Auburn	BB/C	Fri	7 PM	Franklin School, 23 High Street	
Auburn	BB/D	Mon	7:30 PM	United Methodist Ch, 439 Park St	
Auburn	SP/D	Thurs	8 PM	Danville Union Ch, Old Danville Rd	
Auburn	D	Sat	7:30 AM	St Michael's Ch, 78 Pleasant St	
Auburn	SP/A	Wed	8 PM	St Philips Ch, 365 Turner Rd, Rt 4	
Auburn	D	M-F	7 AM	St Michael's Ch, 78 Pleasant St	
Auburn	ST/C	Fri	7 PM	St Michael's Ch, 78 Pleasant St	
Auburn	D	Thurs	7 PM	Congregational Ch, 35 High St	
Auburn	ST/C	Sat	8 PM	7th Day Adventist Community Ctr, 310 Minot	
Augusta	D	Sun	7 PM	Mennonite Ch, 187 Sewall St	
Augusta	W/D	Fri	Noon	Kennebec Mennonite Ch, 187 Sewall St	
Augusta	D	Sat	10 AM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	D	Sun	12:30 PM	Bread of Life Ministries, 157 Water St	
Augusta	ST/SP	Fri	Noon	7th Day Adventist Ch, 235 Eastern Ave	
Augusta	D	Mon	Noon	7th Day Adventist Ch, 235 Eastern Ave	
Augusta	SP	Sat	8 PM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	D	Tues	7 PM	Bread of Life Ministries, 157 Water St	
Augusta	SP/ST/D	Fri	7 PM	Bread of Life Ministries, 157 Water St	
Augusta	D/C	Thurs	7 PM	Kennebec County Correctional Facility	
Augusta	ST/D	Wed	7 PM	Bread of Life Ministries, 157 Water St	
Augusta	D	Wed	Noon	Crisis & Counseling, 32 Winthrop St	
Augusta	SP/D	Mon/Wed	6 PM	Riverview Psychiatric Center, Great Room	
Bangor	D	Tues	7 PM	Grace United Methodist Ch, 193 Union St	
Bangor	BB	Tues	7 PM	St Johns Episcopal Ch, 225 French St	
Bangor	SP	Sun	7 PM	St Johns Episcopal Ch, 225 French St	
Bangor	B/A/D	Mon/Fri	7 PM	Acadia Recovery Community, 179 Indiana Ave	
Bangor	W	Wed	5:30 PM	All Souls Ch Anex, State St	
Bangor	D/A	Thurs	8 PM	Capehart Comm Ctr, Davis Rd	
Bangor	B/C/W	Mon	7:30 PM	Penobscot County Jail, 85 Hammond St	
Bangor	BB/A	Wed	7 PM	Acadia Recovery Community, 179 Indiana Ave	
Bangor	ST/A	Sun	9 AM	Acadia Recovery Community, 179 Indiana Ave	
Bangor	D/A	Sat	8 AM	Acadia Recovery Community, 179 Indiana Ave	
Bangor	D/A	Sat	11 AM	Peabody Hall, Husson College, Rm 327	
Bangor	GV	M-F	7:30 AM	Acadia Recovery Community, 179 Indiana Ave	
Bangor	BB/ST/A	M-F	Noon	Unitarian Universalist Ch, 120 Park St	
Bangor	D	Sun	11 AM	24 Hour Club, 17 Lincoln St	
Bangor	B	Fri	Noon	Acadia Hosp, 268 Stillwater Ave	
Bangor	D	Thurs	8 PM	BMHI PreRelease Ctr, Hogan Rd	
Bangor	B/M	Wed	7:30 PM	Penobscot County Jail, 85 Hammond St	
Bar Harbor	D	Wed	7 PM	Mt Desert Island Hosp, 10 Wayman Lane	
Bar Harbor	D	Mon	7 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bar Harbor	D	Fri	7 PM	Holy Redeemer Parish, 21 Ledge Lawn Ave	
Bar Harbor	D	Tues	7 PM	First Baptist Ch, 46 Ledge Lawn Ave	
Bar Harbor	D	Sat	7 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bar Harbor	D	Wed	Noon	St Savior's Parish Hall, 41 Mt Desert St	
Bath	L	Tues	Noon	Nazarene Ch, 191 Centre St	
Bath	SP/A	Fri	8 PM	United Church of Christ, 150 Congress Ave	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Bath	B/A	Fri	6:30 PM	United Church of Christ, 150 Congress Ave	
Bath	SP/A	Thurs	7:30 PM	United Church of Christ, 150 Congress Ave	
Bath	D	Mon	8 PM	United Church of Christ, 150 Congress Ave	
Bath	D/M/A	Wed	8 PM	United Church of Christ, 150 Congress Ave	
Bath	W/D	Mon	9:30 AM	Grace Episcopal Ch, Edward St	
Bath	L	Wed	Noon	Church of Nazarene, Crm Lincoln & Center	
Bath	D	Sat	7 PM	United Church of Christ, 150 Congress Ave	
Bath	BB/A	Tues	7 PM	United Church of Christ, 150 Congress Ave	
Beals Island	D	Sat	7 PM	RLDS Church, Main St	
Belfast	ST/A	Wed	8 PM	First Baptist Ch, 95 High St	
Belfast	W/BB/ST	Tues	7 PM	Opera House, 111 Church St	
Belfast	D/A/C	Sun	10 AM	WCGH Ed Center, 118 Northport Ave	
Belfast	D/A	Tues	6 PM	St Margarets Light House, 100 Court St	
Belfast	GV/A	Mon	6 PM	First Baptist Ch, 95 High St	
Belfast	ST/A	Wed	Noon	St Margarets Light House, 100 Court St	
Belfast	ABSI	Sat	6:30 PM	WCGH Ed Center, 118 Northport Ave	
Belfast	B/D	Sat	Noon	Unitarian Universalist Ch, 37 Miller St	
Belfast	BB/D	Sun	8 AM	WCGH Ed Center, 118 Northport Ave	
Belfast	D	Mon-Sat	7 AM	St Margarets Light House, 100 Court St	
Belfast	BB/A	Fri	6:30 PM	St Francis of Assisi Ch, 47 Court St	
Belgrade Lakes	SP/D	Sun	2 PM	Union Church, Rt 27	
Belgrade Lakes	ST	Tues	7 PM	Union Church, Rt 27	
Berwick	D	Sun	6:30 PM	Christian Fellowship Ctr, near Bridge	
Berwick	M/BB	Tues	7:30 PM	Our Lady of Peace Ch, Berwick St	
Berwick S	BB/A	Mon	7 PM	First Federated Ch, Main St, Rt 4	
Bethel	BB	Sun	6 PM	United Methodist Ch, 75 Main St	
Bethel	W/C	Tues	6:30 PM	United Methodist Ch, 75 Main St	
Bethel	ST	Fri	6 PM	United Methodist Ch, 75 Main St	
Biddeford	B/D	Thurs	7 PM	Joyful Harvest, 61 Bacon St	
Biddeford	D/A/B	Tues/Fri	7 PM	So ME Medical Ctr, 1 Medical Ctr Dr	
Biddeford	D/A	Sat	10 AM	So ME Medical Ctr, 1 Medical Ctr Dr	
Biddeford	SP/A	Wed	7 PM	Richard Martin Comm Ctr, 189 Alfred St	
Blue Hill	D/A	Sun	7 PM	Blue Hill Hospital Cafeteria, Main St	
Blue Hill	ST/D	Fri	8 PM	Congregational Ch, Main St	
Blue Hill	D	Wed	7:30 PM	Blue Hill Hospital Cafeteria, Main St	
Blue Hill	D	Sat	10 AM	Odd Fellows Hall, Main St	
Boothbay	TP	Tues	6:30 AM	Camp Knickerbockis, McEvoy, Barkers Isle R	
Boothbay Harbor	D	Wed	7 PM	St Columbia Episcopal Ch, Emery Lane	
Boothbay Harbor	ST/A	Sun	6:30 PM	St Andrews Hosp, St Gregory House	
Boothbay Harbor	D	Thurs	7 PM	Our Lady Catholic Ch, 82 Atlantic Ave	
Boothbay Harbor	D	Mon	7 PM	Methodist Ch, 75 Townsend Ave	
Boothbay Harbor	BB/C	Sat	9:30 AM	Camp Nickerbocker, Barters Island Rd	
Bowdoinham	D	Mon	7 PM	Bowdoinham Baptist Ch, West Rd	
Brewer	D/A	Wed	8 PM	St Joseph Ch, No. Main St, Rt 9	
Brewer	ST/D/C	Fri	7:30 PM	First Congregational Ch, 35 Church St	
Brewer	D	M-F	Noon	Brewer VFW, 235 Center St	
Bridgeton	D	Fri	7 PM	First Congregational Ch, 77 Suoth High St	
Bridgeton	D/ST	Mon-Sat	Noon	First Congregational Ch, 77 South High St	
Bridgton	D	Tues	8 PM	Bridgton Community Center, Depot St	
Bristol Mills	D	Wed	7:30 PM	Congregational Ch Hall, Rt 130	
Bristol S	D	Thurs	7:30 PM	So Bristol Parish House, Rt 129	
Brooklin	L/SP/C	Thurs	7 PM	Baptist Church	
Brooks	D	Mon	8 PM	Varney Memorial Bldg, Main St, Rt 7	
Brunswick	C/W/A	Sat	8:30 AM	Good Shepard Ch, 330 Maine St	
Brunswick	D	Thurs	5:30 PM	United Methodist Ch, 320 Church Rd	
Brunswick	D	Wed	7:30 PM	Addiction Resource Ctr, 66 Baribeau Dr	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Brunswick	D/A/B	Sat	Noon	Mid Coast Hosp,Medical Ctr Dr,Conf Rm 2&3	
Brunswick	D/A	Sun	7 PM	Sr Citizen Club, Maine St	
Brunswick	D/ST/A	Sun	11 AM	Mid Coast Hosp,123 Medical Center Dr	
Brunswick	ST/A	Thurs	Noon	Unitarian Ch, 15 Pleasant St	
Brunswick	D	Sun	11 AM	Seventh Day Adventist Ch, 333 Maine Ave	
Brunswick	BB/A	Mon	7 PM	Good Shepard Ch, 330 Maine St	
Brunswick	D	Sat	7 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D/A	Mon	Noon	Unitarian Ch, 15 Pleasant St	
Brunswick	D	Fri	10 PM	Unitarian Ch, 15 Pleasant St	
Brunswick	ABSI	Fri	Noon	Unitarian Universalist Ch, 15 Pleasant St	
Brunswick	C/W/D/A	Wed	10:30 AM	Good Shepard Ch, 330 Maine St	
Brunswick	D/A	M-F	7 AM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	C/ST	Sun	7 PM	First Parish Ch Vestry, 9 Cleaveland St	
Brunswick	SP/A	Tues	8 PM	First Parish Ch Vestry, 9 Cleaveland St	
Bucksport	D	Wed	7 PM	Jewett School, 66 Bridge St	
Buxton	D/BB	Wed	7:30 PM	North Congregational Ch,22 Churchill Rd	
Calais	D	Wed	Noon	St Anne's Epsicopal Ch, 23 Church St	
Calais	D	Mon	7:30 PM	Second Baptist Ch, 18 Layette St	
Calais	D/C	Mon	7 PM	(Personal Residence), 90 Boardman St	
Calais	SP/A	Thurs	7:30 PM	Calais Regional Hosp Café, 22 Hospital St	
Camden	BB	Sat	7 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	D	Mon-Sat	7 AM	Our Lady of Good Hope Ch, 7 Union St	
Camden	BB	Wed	7 PM	First Congregational Ch, 55 Elm St	
Camden	SP	Fri	7:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	D	Mon-Thurs	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Campobello Island	D	Sat	7 PM	St Timothy's Ch	
Canaan	D	Tues	8 PM	Elementary School	
Cape Elizabeth	D	Wed	7 PM	St Bartholomews Ch, 8 Two Lights Rd	
Cape Elizabeth	SP/CC	Fri	7 PM	St Albans Episc Ch, 885 Shore Rd	
Caribou	D/BB	Sat	9:30 AM	Senior Citizens Group	
Caribou	D	Mon	7:30 PM	United Pentecostal Ch,133 Ft Fairfield Rd	
Caribou	D/C	Wed	Noon	Unitarian Ch, 3 Grove St	
Caribou	D/ST	Tues	7:30 PM	Unitarian Ch, 3 Grove St	
Caribou	SP/D	Fri	7:30 PM	Lions Community Ctr, High St	
Carrabassett Valley	D	Sat	9 AM	Town Office/Fire House at Valley Crossing	
Casco	D	Fri	9 AM	Clyde Bailey Drop In Ctr,505 Roosevelt Tr	
Casco	ABSI/C	Mon	5:30 PM	Clyde Bailey Drop In Ctr,505 Roosevelt Tr	
Casco	BB	Tues	9 AM	Clyde Bailey Drop In Ctr,505 Roosevelt Tr	
Casco	SP/A	Sun	8 PM	Alliance Ch, Pt Sebago Rd, Rt 302	
Casco	B/A	Sat	7 PM	Clyde Bailey Drop In Ctr,505 Roosevelt Tr	
Casco	GV	Mon	9 AM	Clyde Bailey Drop In Ctr,505 Roosevelt Tr	
Casco	BB/ST	Thurs	7 PM	Clyde Bailey Drop In Ctr,505 Roosevelt Tr	
Casco	MED	Sat	9 AM	Clyde Bailey Drop In Ctr,505 Roosevelt Tr	
Casco	D	Thurs	9 AM	Bridgton Rd Alliance Ch, Sebago Rd	
Casco	D	Wed	7 PM	Clyde Bailey Drop In Ctr,505 Roosevelt Tr	
Casco	D	Wed	9 AM	Clyde Bailey Drop In Ctr,505 Roosevelt Tr	
Castine	D	Tues	8 PM	Trinity Episcopal Church, Perkins St	
Charleston	D/M	Wed	6:30 PM	Charleston Correctional Ctr, Rt 15	
Chester	D	Tues	7 PM	Baptist Church, Rt 116, Main Rd	
China	D	Sat	8 AM	China Baptist Ch, Main St	
Clinton	D	Fri	8 PM	Town Hall	
Columbia Falls	BB	Thurs	7 PM	Faith Methodist Ch, 444 US Rt 1	
Columbia Falls	D	Wed	7 PM	Faith Methodist Ch, 444 US Rt 1	
Columbia Falls	B	Tues	7 PM	Faith Methodist Ch, 444 US Rt 1	
Connor	D	Thurs	7:30 PM	Connor School, 1581 Van Buren Rd	
Coopers Mills	BB/D	Sun	7 PM	Sheepscot Valley Hlth Ctr, 47 Main St	

## AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Cumberland	SP	Tues	7 PM	United Methodist Ch, 52 Tuttle Rd	
Cumberland	ABSI	Sat	8:30 AM	United Methodist Ch, 52 Tuttle Rd	
Damariscotta	D	Mon	6 PM	Baptist Ch, 4 Bristol Rd	
Damariscotta	W/D	Mon	7:30 PM	Baptist Ch, 4 Bristol Rd	
Damariscotta	SP/A	Wed	6:30 PM	Baptist Ch, 4 Bristol Rd	
Damariscotta	SP	Sat	8 PM	Baptist Ch, 4 Bristol Rd	
Dedham	D	Mon	8 PM	Dedham Town Hall	
Deer Isle	D	Mon	7:30 PM	Town Hall, Route 15	
Denmark	D	Thurs	8 PM	Congregational Ch, Rt 117	
Denmark	D	Mon	7 PM	Congregational Ch, Rt 117	
Dexter	D	Tues	8 PM	St Ann's Parish Hall, Free St	
Dixfield	D	Fri	8 PM	Dirigo High School, Weld St	
Dover Foxcroft	D	Wed	8 PM	Dover Congregational Ch, West Main St	
Dover Foxcroft	D	Fri	8 PM	Dover Congregational Ch, West Main St	
Dover-Foxcroft	ST/C/D	Thurs	7 PM	United Methodist Ch, 38 East Main St	
Dover-Foxcroft	D	Sun	11 AM	Thompson Free Library, 186 East Main St	
Dover-Foxcroft	BB	Mon	6 PM	United Methodist Ch, 38 East Main St	
Drummond	D	Wed	8 PM	Church Basement Tobique Rd	
Eagle Lake	D	Sun	7 PM	St Mary's Parish Hall, Rt 11	
Eastport	D	Mon	7:30 PM	Eastport Youth Association, County Rd	
Eastport	GV	Wed	Noon	Eastport Health Ctr, 30 Boynton Rd	
Eastport	BB	Thurs	7:30 PM	Eastport Health Ctr, 30 Boynton Rd	
Eastport	ST	Fri	7:30 PM	Eastport Health Ctr, 30 Boynton Rd	
Eddington	B/C	Thurs	7 PM	United Methodist Ch, Rt 9	
Edmondston NB	D/C	Mon	8:30 PM	12 Step Center, 15 Costello St Canada	
Edmundston NB	D	Sun	10:30 AM	12 Step Center, 15 Costello St Canada	
Edmundston NB	C/D	Thurs	8:30 PM	12 Step Center, 15 Costello St Canada	
Edmundston NB	SP	Sat	8:30 PM	Sacred Heart Ch, Irene St	
Edmundston NB	SP	Wed	8 PM	Sacred Heart Ch, Irene St	
Ellsworth	G/D	Fri	6:30 PM	Unitarian Universalist Ch, 121 Bucksport R	
Ellsworth	SP	Mon	7 PM	Congregational Ch, State St, Rt 179	
Ellsworth	D	Thurs	7 PM	Congregational Ch, State St, Rt 179	
Ellsworth	BB	Wed	7 PM	Your Place, North St	
Ellsworth	ST	Tues	8 PM	Congregational Ch, State St, Rt 179	
Ellsworth	ST	Mon	6:30 PM	ME Coastal Hosp, Conf Rm, 50 Union St	
Ellsworth	W/ST	Sat	10 AM	St Josephs Catholic Ch, High St	
Ellsworth	D	M/W/F/Sat	Noon	Your Place, North St	
Ellsworth	D	Tue/Thurs	Noon	St Joseph Parish Hall, High St	
Ellsworth	D/G	Fri	5:15 PM	ME Coastal Hosp, Conf Rm, 50 Union St	
Ellsworth	D	Sun	6 PM	Congregational Ch, State St, Rt 179	
Ellsworth	D	Tues	6 PM	Hancock County Jail, State St	
Ellsworth	D	Sat	6 PM	Your Place, North St	
Fairfield	D	Mon	7 PM	Fairfield United Methodist Ch, Rt 201	
Fairfield	D/SP	Sat	7:30 PM	Fairfield United Methodist Ch, Rt 201	
Falmouth	SP/D	Tues	8 PM	Foreside Community Ch, 340 Foreside Rd	
Falmouth	SP	Tues	7 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Farmingdale	D	Thurs	7 PM	Seventh Day Adventist Ch, 333 Maine Ave	
Farmington	ST/C	Mon	7 PM	U of ME, Roberts Learning Ctr, Rm 105	
Farmington	BB	Thurs	7 PM	Congregational Ch, 227 Main St	
Farmington	D	Fri	7 PM	Franklin Memorial Hosp, Board Rm	
Farmington	SP	Sun	7 PM	Franklin Memorial Hosp, Chisholm Rm	
Farmington	D	Wed	7:30 PM	Henderson Baptist Ch, 110 Academy St	
Farmington	D	Wed/Fri	Noon	Franklin Memorial Hosp, Board Rm	
Fort Fairfield	D	Tues	7:30 PM	St Pauls Episcopal Ch, 66 Lower Main St	
Fort Kent	ST	Tues	7 PM	St Louis Catholic Ch, 26 East Main St	
Fort Kent	D/ST	Sat	7 PM	St Louis Catholic Ch, 26 East Main St	

## AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Fort Kent	D	Fri	Noon	St Louis Catholic Ch, 26 East Main St	
Fort Kent	BB	Wed	7 PM	St Louis Catholic Ch, 26 East Main St	
Freeport	ST	Wed	7:30 PM	First Parish Congregational Ch, 40 Main St	
Freeport	SP/D	Wed	12:15 PM	First Parish Congregational Ch, 40 Main St	
Fryeburg	B	Wed	6:30 PM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	D	Sun	9 AM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	ABSI	Mon	6:30 PM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	BB	Thurs	4 PM	St Elizabeth Ch, Rt 5	
Fryeburg	W/ST/C	Tues	5:30 PM	St Elizabeth Ch, Rt 5	
Fryeburg	M/ST/C	Tues	7:30 PM	Dearborn Precision, Rt 113	
Fryeburg	D	Sat	Noon	American Legion Hall, Bradley St	
Gardiner	ST/D	Tues	7:30 PM	Congregational Ch, 46 Church Hill	
Gardiner	SP/D	Thurs	7:30 PM	Congregational Ch, 46 Church Hill	
Gardiner	D	Sun	7 PM	Congregational Ch, 46 Church Hill	
Gardiner	BB/D	Tues	7 PM	Gardiner United Methodist Ch, 31 Highland	
Gorham	D	Fri	7:30 PM	USM, Gorham, Bailey Hall, Rm 102	
Gouldsboro	D	Sun	6 PM	Gouldsboro Firehouse	
Grand Falls NB	SP	Fri	8:30 PM	K of C Hall, Front St Canada	
Grand Falls NB	ST/C	Mon	7 PM	St George Catholic Ch	
Grand Falls NB	D	Sun	9 AM	Hill Top Hotel, Madawaska Rd	
Grand Falls NB	SP	Fri	8 PM	Church of Notre Dame (Basement)	
Gray	D	Mon	10:30 AM	St Gregory's Ch, Rt 26, North Raymond Rd	
Gray	SP	Thurs	8 PM	St Gregory's Ch, Rt 26, North Raymond Rd	
Gray	W/ST	Tues	7 PM	St Gregory's Ch, Rt 26, North Raymond Rd	
Greenville	D	Fri	7 PM	Union Evangelical Ch, 114 South Main St	
Greenville	D	Sun	8 PM	Charles Dean Mem Hosp, 364 Pritham Ave	
Guilford	D	Sat	7 PM	Guilford Methodist Ch, 3 School St	
Hallowell	ST/C	Wed	Noon	St Mathew's Ch, 18 Union St	
Hallowell	D	Tues	7 PM	St Mathew's Ch, 18 Union St	
Hallowell	SP/C/M	Mon	7 PM	Pre-Release, Stevens School, Winthrop St.	
Hallowell	ABSI	Tues	Noon	St Mathew's Ch, 18 Union St	
Hampden	SP	Tues	8 PM	Methodist Ch, Kennebec Rd	
Hampden	D	Sat	9 AM	St Mathew's Ch, 70 Western Ave	
Hampden	C/ST	Mon	8 PM	St Mathews Episcopal Ch, 70 Western Ave	
Hampden	D	Sun	5 PM	Kiwanis Club, Main St	
Hampden	D	Sat	7:30 PM	Rose Village, Western Ave	
Hancock	D	Wed	7 PM	Hancock Community Ctr, Rt 1	
Hancock	D	Sun	10 AM	Hancock Community Ctr, Rt 1	
Hartland	D/C	Sun	7 PM	Grace Lynn Methodist Church	
Hollis	D	Tues	7:30 PM	Salmon Falls Library, 28 Salmon Falls Rd	
Houlton	D	Daily	Noon	White House, 106 1/2 Main St	
Houlton	D	Fri	8 PM	Congregational Ch, High St	
Houlton	SP	Thurs	7:30 PM	Church of Good Shepard, 116 Main St	
Houlton	BB/D	Tues/Sat	7:30 PM	White House, 106 1/2 Main St	
Houlton	D	Tues	7:30 PM	Unitarian Church, 61 Military St	
Howland	B/C	Thurs	8 PM	Methodist Ch, 23 Coffin St	
Indian Island	D	Fri	8 PM	St Ann's Parish Hall, Center St	
Island Falls	D	Mon	8 PM	Baptist Church, Fairfield St	
Jackman	D/BB	Tues	7 PM	Jackman Public Library, Main St	
Jay, N	C/M/ST/BB	Tues	7 PM	Niles Memorial Library, Rt 4	
Kennebunk	ST/C	Mon-Sat	7:15 AM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	C/W/D/A	Sun	10 AM	American Legion Hall, Water St	
Kennebunk	C/W/A	Fri	10 AM	St Davids Episcopal Ch, 138 York St	
Kennebunk	BB/C/L	Fri	7 PM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	D	Wed/Thurs	7 PM	St Davids Episcopal Ch, 138 York St	
Kennebunk	SP/A	Mon	8 PM	First Parish Unitarian Ch, 114 Main St	



**AA**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Kennebunk	C/ST/A	Sat	7:30 PM	St Davids Episcopal Ch, 138 York St	
Kennebunk	D	Sun	7 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	G/D	Tues	8 PM	St Davids Episcopal Ch, 138 York St	
Kennebunk	M/C/D/A	Sun	8 AM	American Legion Hall, Water St	
Kennebunk	BB/ST	Fri	6:30 PM	First Parish Unitarian Ch, 114 Main St	
Kennebunkport	C/D	Wed	8 PM	Community Hall, Temple St	
Kents Hill	D	Thurs	7 PM	Torsey Memorial Methodist Ch, Rt 17	
Kezar Falls	ST	Tues	7:30 PM	Riverside Methodist Ch, 3 School St	
Kingfield	D	Wed	7:30 PM	Webster Hall, School St	
Kittery	D	Sat	7 PM	Youth Connection Ctr, 10 Shapleigh Rd	
Kittery	BB/D/A	Wed	7 PM	St Raphaels Ch, Government St	
Kittery	D	M-F	7:30 AM	Youth Connection Ctr, 10 Shapleigh Rd	
Kittery	SP/A	Sat	9 AM	St Raphael's Ch, Government St	
Kittery	SP/C	Sun	7:30 PM	Lion's Club, Rt 1	
Kittery Pt	ST/M/C	Thurs	7:30 PM	First Congregational Ch, 23 Pepperel Rd	
Kittery Pt	D	Sun	4:30 PM	First Congregational Ch, 23 Pepperel Rd	
Levant	ST/C	Tues	8 PM	Harvest Chapel, 3135 Union St	
Lewiston	D/A	Sat	9 AM	Trinity Episcopal Ch, Spruce & Bates St	
Lewiston	ST/D/A	Mon	7 PM	Trinity Episcopal Ch, Spruce & Bates St	
Lewiston	SP	Fri	7 PM	Trinity Episcopal Ch, Spruce & Bates St	
Lewiston	SP/A	Sat	7 PM	Holy Family Ch Parish Ctr, 581 Sabbatus St	
Lewiston	D	Tues	6 PM	12 Hour Club, 120 Lisbon St	
Lewiston	D/A	Sun	9:30 AM	12 Hour Club, 120 Lisbon St	
Lewiston	C/W/D/A	Mon	6 PM	12 Hour Club, 120 Lisbon St	
Lewiston	D/A/ST	M-F	Noon	12 Hour Club, 120 Lisbon St	
Lewiston	BB	Tues	7 PM	St Marys Reg Med Ctr, 99 Campus Ave	
Limerick	D	Sat	8 PM	Faith Christian Ch, Rt 11	
Limerick	BB/ST	Thurs	7:30 PM	Congregational Ch, Route 5	
Lincoln	C/ST	Fri	7 PM	Penobscot Valley Hosp, Transalpine Rd	
Lincoln	D	Sat	8 PM	Ballard Hill Community Ctr, Pleasant St	
Lincoln	D	Wed	8 PM	Masonic Hall, 75 Main St	
Lisbon Falls	BB	Tues	7:30 PM	St Mathews Episcopal Ch, 496 Lisbon St	
Lisbon Falls	SP	Sun	7 PM	Holy Trinity Ch, 67 Frost Hill Ave	
Lubec	BB	Thurs	7 PM	Sacred Heart Parish Hall, 19 Church St	
Lubec	D	Mon	7 PM	Regional Medical Ctr, 43 South Lubec Rd	
Machais	D	Fri	7:30 PM	Downeast Community Hosp, Court St	
Machias	D	Sun	7:30 PM	Downeast Community Hosp, Court St	
Machias	W/D	Sat	10 AM	St Aidens Episc Ch, 36 Hill St	
Machias	D	Tues	7:30 PM	St Aidens Episc Ch, 36 Hill St	
Madawaska	BB/C/D	Sat	9:30 AM	Senior Citizens Ctr, Main St	
Madawaska	SP	Tues	7:30 PM	Senior Citizens Ctr, Main St	
Madison	D	Tues	8 PM	St Sebastian School, Pleasant St	
Madrid	D	Fri	7 PM	Old School (Summer Only)	
Manchester	D	Mon	7 PM	Manchester Lions Club, Route 17	
Mechanic Falls	D/A	Wed	8 PM	Our Lady of Ransom Parish Hall, 111 Elm St	
Mexico	SP	Thurs	8 PM	Knights of Pythias Hall, Main St	
Mexico	D/C	Mon	Noon	St Theresa Ch, Rt 17, Roxbury Rd	
Mexico	C/D	Mon	7 PM	Mexico Congregational Ch, 43 Main St	
Mexico	D/C	Tues	8 PM	Knights of Pythias Hall, Main St	
Mexico	D	Wed	Noon	St Theresa's Ch, Rt 17, Roxbury Rd	
Mexico	ST/BB	Sun	10 AM	Knights of Pythias Hall, Main St	
Milbridge	D	Mon	7 PM	Congregational Ch, 10 Bridge St	
Millinocket	D/ST/BB	M-F	Noon	St Martin's Center, 112 Maine Ave	
Millinocket	SP/C	Fri	8 PM	St Andrew Episcopal Ch, 40 Highland Ave	
Millinocket	BB/ST	Thurs	7 PM	I Care Ministries, 40 Spring St	
Millinocket	D/C	Mon	8 PM	Congregational Ch, 274 Katahdin Drive	

## AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Millinocket E	SP	Sun	8 PM	Congregational Ch, 11 Maple St	
Milo	D/SP	Mon	7 PM	Milo Methodist Ch, Park St	
Monhegan Island	D	Sun/Thurs	7:30 PM	Library, 1 Main St	
NE Harbor	D	Sat	9:30 AM	St Mary's Parish Hall, 5 Kimball Rd	
New Denmark, NB	D	Tues	8 PM	Bethany Lutheran Ch Canada	
New Sweden	D	Sat	7:30 PM	Gustaf Adolph Lutheran Ch, 48 Capitol Hill	
Newcastle	C/D	Fri	9 AM	Second Congregational Ch, River Rd	
Newcastle	D	Sun	7 PM	St Andrew's Ch, 11 Glidden St	
Newcastle	D/C	Fri	9 AM	Second Congregational Ch, River Rd	
Newcastle	ST	Tues	9:30 AM	St Andrew's Ch, 11 Glidden St	
Newcastle	D	Tues	6:30 PM	Second Congregational Ch, River Rd	
Newcastle	D	Fri	6 PM	Second Congregational Ch, River Rd	
Newcastle	BB	Thurs	9:30 AM	St Andrew's Ch, 11 Glidden St	
Newfield W	D/A	Sun	7 PM	United Church of Christ, Maplewood Rd	
Newfield W	ST/A	Wed	7 PM	United Church of Christ, Maplewood Rd	
Newport	C/W	Wed	7 PM	Methodist Ch, 54 Main St	
Newport	D	Mon	7 PM	Methodist Ch, 54 Main St	
Newport	C/M	Wed	7 PM	Methodist Ch, 54 Main St	
North Haven Island	D	Fri	7:30 PM	Islander, Take Rockland Ferry (Summer Only)	
North Haven Island	C/D	Wed	7:30 PM	Baptist Church (Take Rockland Ferry)	
North Haven Island	BB/C/A	Sun	6:30 PM	Baptist Church (Take Rockland Ferry)	
Norway	D/C	Sun	8:30 AM	Weary Club Bldg, 385 Main St	
Norway	C/D	Wed	8 PM	Weary Club Bldg, 385 Main St	
Norway	D	Sat	10 AM	Weary Club, 385 Main St	
Norway	B	Mon	6:30 PM	Second Congregational Ch, 201 Main St	
Norway	D	Thurs	8 PM	Christ Episcopal Ch, 35 Paris St	
Norway	SP	Mon	8 PM	Second Congregational Ch, 201 Main St	
Norway	D	Thurs	Noon	St Catherine's Ch, 30 Paris St	
Norway	B/D/A	Fri	6:30 PM	Stephen's Memorial Hosp, 181 Main St	
Norway	D/ST	M-F	8 AM	Weary Club, 385 Main St	
Norway	BB/A	Tues	6:30 PM	Stephen's Mem Hosp, Boardroom, 181 Main St	
Oakland	D	Sat	8 PM	St Theresa Catholic Ch, Church St	
Ogunquit	D	Mon/Fri	9 AM	Baptist Ch, 71 Shore Rd	
Ogunquit	SP/A	Sun	8 PM	Dunaway Ctr, Town Hall, School St	
Old Town	ABSI	Sun	7 PM	St James Episcopal Ch, Crn Center & Main	
Old Town	D/A	Sat	8 PM	United Methodist Ch, 744 Stillwater Ave	
OOB	D	Sun	10 AM	Masonic Lodge, 130 West Grand Ave	
OOB	SP/D	Tues	7:30 PM	Milestone, 28 Portland Ave	
OOB	SP/A	Mon	7:30 PM	United Methodist Ch, Washington Ave	
OOB	BB	Sun	7 PM	United Methodist Ch, Washington Ave	
OOB	ST	Thurs	6:30 PM	Milestone, 28 Portland Ave	
OOB	B	Sat	6:30 PM	United Methodist Ch, Washington Ave	
Orland	D/A	Mon	7:30 PM	Methodist Ch, Narramissic Dr	
Orono	D	Thurs	Noon	U of ME, Memorial Union	
Orono	D/A	Tues	8 PM	C.M. Parker Senior Ctr, Birch St	
Orono	ST/BB	Thurs	7 PM	Orono Methodist Ch, 36 Oak St	
Orrington	W/ST/D	Tues	7 PM	E Congregational Ch, 38 Johnson Mills Rd	
Orrington	D/A	Fri	6 PM	E Congregational Ch, 38 Johnson Mills Rd	
Orrs Island	BB	Thurs	7 PM	Methodist Ch, Rt 24, Main Rd	
Palmyra	D	Fri	7 PM	Town Hall, Rt 2	
Paris S	SP	Fri	8 PM	1st Congregational Ch, 17 East Main St	
Paris S	ST	Sun	7 PM	Deering Methodist Ch, 39 Main St	
Paris W	D	Sat	7:30 PM	Unitarian Congregational Ch, Main St	
Peaks Island	D	Thurs	6:30 PM	St Christophers Ch, 15 Central Ave	
Penobscot	BB	Thurs	8 PM	United Methodist Ch	
Philips	SP	Thurs	7:30 PM	American Legion Hall	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Pittsfield	D	Sat	8 PM	MCI Campus, Cafeteria, Stinson St	
Pittston	D	Fri	7:30 PM	Congregational Ch, Rt 27, Arnold Rd	
Pittston	D	Wed	7:30 PM	Congregational Ch, Rt 27, Arnold Rd	
Poland	D	Tues	8 PM	Poland Community Ch, 1208 Maine St	
Portland	B/D/A	Thurs	6:30 PM	Immaculate Conception Ch, 317 Congress St	
Portland	W/ST	Mon	7 PM	Swedenborgian Ch, 302 Stevens Ave	
Portland	B	Wed	6:30 PM	Community Ctr, 66 Pembroke St	
Portland	SP/A	Sat	7 PM	Sahara Club, 135 Washington Ave	
Portland	W/BB	Wed/Fri	6:30 PM	Quaker Meeting Hall, 1837 Forest Ave	School Year
Portland	ST/C/A	Mon	7:30 PM	Trinity Episcopal Ch, 548 Forest Ave	
Portland	ST/C/D	Sun	6 PM	Ame Zion Church, Sheridan St	
Portland	D/A	Mon	7 PM	Universalist Ch, 524 Allen Ave	
Portland	SP/D	Tues	6:30 PM	Sahara Club, 135 Washington Ave	
Portland	D/L	Sat	7 PM	1st Parish Unitarian Ch, 425 Congress St	
Portland	D/A	Tues	7 PM	New England Rehab, Brighton Med Ctr, Rm 3	
Portland	ST/C/A	Wed	7:30 PM	Clark Methodist Ch, Forest Ave	
Portland	BB	Tues	5:30 PM	St Luke's Ch, Park St	
Portland	ST/A	Wed	6:15 PM	Mercy Hospital, Basement 2B, 144 State St	
Portland	SP	Tues	8 PM	Serenity House, 30 Mellen St	
Portland	BB/ST	Tues	7:30 PM	Central Square Baptist Ch, 466 Stevens Ave	
Portland	C/M	M-F	Noon	First Parish Universalist, 425 Congress St	
Portland	D	Thurs	7:30 PM	Cumberland Cty Jail PreRelease, 36 County	
Portland	SP/A	Fri	7 PM	Clark Methodist Ch, Forest Ave	
Portland	SP/C	Mon	6:30 PM	Cumberland Cty Jail, 50 Country Way	
Portland	SP/D	Wed	8 PM	Immanuel Baptist Ch, Deering St	
Portland	SP/W/D	Mon	8 PM	Guild Hall, 317 Congress St	
Portland	D/A	Fri	8 PM	MMC, Dana Ctr, Rm 9, 222 Bramhall St	
Portland	G/SP	Sun	6:30 PM	Williston West Ch, 32 Thomas St	
Portland	MED/CC	Sun	8 AM	Williston West Ch, 32 Thomas St	
Portland	SP/D	Sat	8 PM	YMCA, 70 Forest Ave	
Portland	D	Sat	8 AM	Williston West Ch, 32 Thomas St	
Portland	ST/CC	Sun	8 AM	Williston West Ch, 32 Thomas St	
Portland	BB	Sun	5 PM	Clark Methodist Ch, Forest Ave	
Portland	SP/D	Wed	6 PM	Saharah Club, 135 Washington Ave	
Portland	B	Mon	6:30 PM	Cummings Center, 134 Congress St	
Portland	C/D/A	Sat	8:30 AM	Portland W Comm Ctr, 181 Bracket St	
Portland	SP/B/D	Sat	10:30 AM	Sahara Club, 135 Washington Ave	
Portland	M/C/ST	Wed	7:30 PM	Cummings Center, 134 Congress St	
Portland	G/ST/M	Fri	6:30 PM	St Luke's Cathedral, 143 State St Entrance	
Portland	Teen	Sat	8 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	D	M-F	7 AM	1st Parish Unitarian Ch, 425 Congress St	
Portland	D	Fri	7:30 PM	Sahara Club, 135 Washington Ave	
Portland	D	M-F	12:15 PM	Sahara Club, 135 Washington Ave	
Portland	SP	Sun	7:30 PM	Portland West Comm Ctr, 181 Bracket St	
Portland	SP	Thurs	7 PM	Clark Methodist Ch, Forest Ave	
Portland	SP	Sun	11 AM	Washington Gardens Comm Ctr, 66 Pembroke	
Portland	C/BB	Sat	6:30 PM	Ame Zion Church, Sheridan St	
Portland	Tag	Sat	9 AM	Sahara Club, 135 Washington Ave	
Portland	D/A	M-F	7:30 AM	Sacred Heart Ch, Sherman St	
Portland	W/B/ST	Sun	7 PM	Trinity Episcopal Ch, 548 Forest Ave	
Portland	ST/D	Mon	Noon	St Patricks, 1342 Congress St, Basement	
Portland	ST/W/C	Thurs	5:30 PM	St Peter's Ch, 72 Federal St	
Portland	BB	Thurs	Noon	St Patricks, 1342 Congress St, Basement	
Portland	SP	Sun	7 PM	Washington Gardens Comm Ctr, 66 Pembroke	
Portland	SP/D	Mon	5:30 PM	McGeachy Hall, 1st Floor, 216 Vaughan St	
Portland	SP/W/D	Tues	6 PM	YWCA, 87 Spring St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Portland	SP	Fri	8 PM	Church of the Holy Spirit, 1047 Congress	
Portland	SP	Wed	7 PM	Adams School, 48 Moody St	
Portland S	D	Wed	8 PM	Health Science Ctr, SMCC, Rm 6, Basement	
Portland S	SP	Sun	8 PM	St John Evangelist Ch, 611 Main St	
Portland S	W/D	Thurs	4:30 PM	Thornton Heights Meth Ch, 100 Westbrook St	
Portland S	D	Fri	6:30 PM	United Methodist Ch, 179 Ridgeland St	
Portland S	D	Sat	2 PM	Congregational Ch, 301 Cottage St	
Portland S	M/ST/C	Thurs	7:30 PM	St John Evangelist Ch, 611 Main St	
Portland S	D	Mon	7:30 PM	United Methodist Ch, 179 Ridgeland St	
Portland S	W/ST	Wed	7 PM	First Congregational Ch, 301 Cottage Rd	
Portland S	D	Tues	8 PM	United Methodist Ch, 179 Ridgeland St	
Portland S	ST	Sun	6:30 PM	People's Methodist Ch, 310 Broadway	
Presque Isle	W/D	Fri	7:30 PM	Academy House, 150 Academy St	
Presque Isle	D	Wed/Sat	7:30 PM	Academy House, 150 Academy St	
Presque Isle	D	Mon/Fri	Noon	Mic Mac Bldg, 7 Northern Rd	
Princeton	SP/D	Tues	7:30 PM	Elders Meal Center, Off Rt 1	
Princeton	D	Sat	7 PM	Home of Leavett R, West St	
Randolph	D	Fri	7:30 PM	Randolph Methodist Ch, 16 Astbury St	
Rangeley	D/A/BB	Tues	7 PM	Good Shepard Ch, 2614 Main St	
Rangeley	ST/C	Sat	7 PM	Congregational Ch, 2 High St	
Raymond	BB	Fri	7 PM	Raymond Village Ch, Rt 121, 27 Main St	
Raymond	C/M/ST	Tues	7 PM	Raymond Village Ch, Rt 121, 27 Main St	
Readfield	D	Mon	7 PM	Readfield Lion's Club, Rt 17	
Richmond	L/ST	Sat	9 AM	Richmond Methodist Ch, 21 Pleasant St	
Richmond	D	Mon	Noon	Richmond Methodist Ch, 21 Pleasant St	
Richmond	D	Fri	Noon	Richmond Methodist Ch, 21 Pleasant St	
Richmond	SP/D	Sun	7 PM	Richmond Grange, Alexander Reed Rd	
Robinston	ST	Wed	7 PM	Robinston Elementary Sch, Rt 1	
Rockland	W/ST	Sun	7 PM	St Peter's Episcopal Ch, White St	
Rockland	D	Sat	6:45 AM	St Peter's Episcopal Ch, White St	
Rockland	D/A	Tues	7 PM	St Bernard's Church, 150 Broadway	
Rockland	C/D	Tues	7 PM	Knox County Jail, Upper Park St	
Rockland	D	Sat	7 PM	St Peters Episcopal Ch, White St	
Rockland	ST/C	Sun	10:30 AM	Knox Ctr Long Term Care, 6 White St	
Rockland	D	Thurs	6:30 PM	Skyward across from Knox Center	
Rockland	D	Mon-Sat	12:15 PM	Recreational Ctr, Tower Rm, Union St	
Rockland	C/M/D	Mon	7 PM	Lutheran Ch, 179 Old County Rd	
Rockland	D	Sun	7 PM	First Universalist Ch, 345 Broadway	
Rockport	D	Sun	10:30 AM	Pen Bay Physician Bldg, Glen Cove Drive	
Rockwood	BB	Sun	7 PM	Rockwood Community Ctr, Rt 15	
Rumford	D/A	Sat	7 PM	St John Ch, Annex Rm, Franklin St	
Saco	D/A	M-F	Noon	Trinity Episcopal Ch, 403 Main St	
Saco	D/A	Sun	7 PM	Saco Community Center, 75 Franklin St	
Saco	SP	Sat	7:30 PM	Saco Community Center, 75 Franklin St	
Saco	SP/A	Fri	8 PM	Saco Community Center, 75 Franklin St	
Saco	C/M/D	Sun	9:30 AM	Saco Community Center, 75 Franklin St	
Saco	M/ST/C	Thurs	7 PM	First Parish Ch, 12 Beach St	
Saco	BB/ST/A	Tues	7 PM	Trinity Episcopal Ch, 403 Main St	
Saco	SP/A	Wed	7:30 PM	First Parish Congregation Ch, 12 Beach St	
Saco	BB/ST	Mon	7:30 PM	Unitarian Universalist Ch, 60 School St	
Saco	W/ST/C	Thurs	6:30 PM	First Parish Congregation Ch, 12 Beach St	
Salisbury Cove	D	Sun	7 PM	Eden Baptist Ch, Old Bar Harbor Rd	
Sanford	SP/A	Wed	6:30 PM	St George's Episcopal Ch, 3 Emerson St	
Sanford	SP/D/A	Thurs	6 PM	Chit Chat Club, 24 North Ave	
Sanford	D	Daily	Noon	Holy Family Ch, 66 North Ave	
Sanford	D/A	Tues	6 PM	Chit Chat Club, 24 North Ave	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Sanford	M/D	Sun	10 AM	Chit Chat Club, 24 North St	
Scarborough	ST	Fri	8 PM	First Congregational Ch, 161 Black Point Rd	
Scarborough	B	Mon	7:30 PM	Bluepoint Congregational Ch, 4 Jasper St	
Scarborough	C/D/A	Thurs	7:30 PM	Scarborough Methodist Ch, Rt 1, Duston Crn	
Searsport	D	Sun	7 PM	First Congregational Ch, Knox Brothers Ave	
Sebago Village	ST	Wed	7:30 PM	Congregational Ch, Rt 35, Near Rt 114	
Sedgewick	D	Sun	10 AM	Sedgewick Town Hall, Rt 172	
Sidney	C/D	Thurs	7:30 PM	Hearthside, Corner Rt 27 & Rt 23	
Sinclair	D	Tues	7 PM	St Joseph Catholic Ch, 413 Main St	
Skowhegan	ST	Sat	10 AM	Reddington Fairview Hosp, Conf Rm C	
Skowhegan	D	Wed	8 PM	Notre Dame De Lourdes, 222 Water St	
Skowhegan	D/B	Thurs	10 AM	Notre Dame De Lourdes, 222 Water St	
Skowhegan	BB/ST	Mon	10 AM	Methodist Ch, 103 Dr Mann Rd, Rt 4	
Skowhegan	BB	Thurs	7 PM	Federated Ch, 12 Island Avenue	
Skowhegan	D	Mon	7:30 PM	All Saints Episcopal Ch, Malbon Mills Rd	
Skowhegan	SP/D	Fri	8 PM	Federated Ch, 12 Island Avenue	
Somesville	D	Wed	6 PM	Union Meeting Parish Hall, Union St	
Somesville	D	Wed	7:30 PM	Union Meeting Parish Hall, Union St	
Springvale	D	Tues	8 PM	Baptist Church, Main St	
St Leonard NB	BB/D/C	Wed	8 PM	Boy Scout Building, Main St	
St Quentin NB	D/C	Wed	8 PM	Monocaln Theater	
St Stephen NB	D	Sat	8:30 AM	Satellite Serenity Club, Mark St	
St Stephen NB	D/C	Wed	7 PM	Satellite Serenity Club, Mark St	
St Stephen NB	SP	Sun	7 PM	Kirk McCall Ch, King St	
St Stephen NB	ST	Mon	7 PM	Satellite Serenity Club, Mark St	
Stockholm	D	Sat	7:30 PM	Axel Siding, Lebanon Rd	
Stonington	ST	Thurs	7:30 PM	Town Hall, Upstairs, Main St	
Stonington	BB	Tues	7:30 PM	Town Hall, Upstairs, Main St	
Stonington	D	Sat	7:30 PM	Town Hall, Upstairs, Main St	
Stratton	ST/C	Mon	7 PM	St Gregories Catholic Ch, 50 Main St, Rt 27	
Strong	D	Tues	7:30 PM	American Legion Hall	
Sullivan Harbor	D	Fri	6 PM	Sullivan Recreational Ctr, Rt 1	
SW Harbor	D	Sun	7 PM	Congregational Ch, High Rd	
SW Harbor	D	Thurs	7 PM	Congregational Ch, High Rd	
Swan Island	D	Wed	7 PM	Library	
Tenants Hbr	D	Tues	7 PM	American Legion Hall, Rt 131	
Thomaston	D	Mon/Thurs	7 PM	First Baptist Ch, 112 Main St	
Thomaston	BB/A	Fri	6:30 PM	First Baptist Ch, 112 Main St	
Thomaston	ST	Wed	7 PM	St John Episc Ch, 200 Main St	
Tobique NB	D	Sun/Sat	2 PM	Tobique Reserve Rehab on Reservation	
Togus	SP/A/D	Mon/Wed	7 PM	USVA Hospital, Bldg 206, Rm 140	
Topsham	D	Wed	8 PM	United Baptist Ch, Main St	
Turner	D/A	Tues	7 PM	Veterinary Hospital, 10 Business Parkway	
Union	D/C/A	Sat	8 PM	United Methodist Ch, Union Common	
Unity	D	Thurs	8 PM	Methodist Ch, Depot St	
Van Buren	ST/D	Sun/Mon	7:30 PM	Van Buren Community Ctr, Champlain St	
Vassalboro	D	Mon	7:30 PM	St Bridget Ch, Main St, Rt 32	
Veazie	D/C	Mon	8 PM	Veazie Community Ctr, 1005 Olive St	
Vinalhaven	D	Tues	7 PM	Harbor Wharf (Take Rockland Ferry)	
Waldoboro	BB/ST	Thurs	6:30 PM	Broadway Congregational Ch, 441 Main St	
Warren	D	Sun	9 AM	Maine State Prison, 870 Cushing Rd	
Warren	C/D/A	Tues	7 PM	Congregational Ch, Main St	
Warren	D/C	Thurs	7 PM	Maine State Prison, 870 Cushing Rd	
Warren	D	Wed 2nd	5:45 PM	Maine State Prison, 870 Cushing Rd	
Waterboro	SP/D/A	Mon	7 PM	St Stephens Ch, Sokokis Rd, Rt 5	
Waterboro	GV/D	Fri	7 PM	Waterboro Town Hall, 24 Townhouse Rd	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Waterville	D	Sun	10 AM	Adolescent Center, Chase Ave	
Waterville	D	Mon	10 AM	Advent Christian Ch, 4 Pleasant St	
Waterville	W/D	Wed	8:30 AM	United Methodist Ch, 61 Pleasant St	
Waterville	SP	Tues	8 PM	Seton Hosp, 6th Floor, Chase Ave	
Waterville	D	Wed	7 PM	St Joseph Ch, Front St	
Waterville	ST/C/D	Tue-Sat	10 AM	St Mark's Ch, 60 Eustis Parkway	
Waterville	D	Fri	6 PM	ME General, Seton, Downstairs PDR	
Waterville	D	Tues-Fri	6:45 AM	United Methodist Ch, 61 Pleasant St	
Waterville	SP/A	Thurs	8 PM	Seton Hospital, Adolescent Unit, 30 Chase A	
Waterville	B/D	Sun	7 PM	ME General, Seton, Lecture Hall A & B	
Waterville	D	Mon	7:30 AM	United Methodist Ch, 61 Pleasant St	
Waterville	D	Thurs	8 PM	Central Maine Recovery Ctr, 77 College Ave	
Waterville	C/M/D	Wed	8 PM	Baptist Ch, 3 Getchell St	
Waterville	ST/C/D	Mon/Tues	8 PM	Lutheran Ch, 36 Cool St	
Wells	D/C	Thurs	8 PM	Congregational Ch, 1695 Post Rd	
Wells	D	Sat	8 AM	St Mary's Ch, 236 Eldridge Rd	
Wells	BB/D	Fri	7:30 PM	St Mary's Ch, 236 Eldridge Rd	
Westbrook	ST	Sun	10:30 AM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	D	Sat	10 AM	Westbrook Hous Authority, 30 Liz Harmon Dr	
Westbrook	C/M/D	Thurs	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	SP	Sat	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	BB	Mon	6:30 PM	Trinity Lutheran Ch, 612 Main St	
Westbrook	D	Tues	12:15 PM	Walker Memorial Library, 800 Main St	
Westbrook	SP/A	Wed	7 PM	Westbrook Congregational Ch, 810 Main St	2nd&4th InterpForDeaf
Westbrook	SP/D	Thurs	6:30 PM	Highland Lake Congregational Ch, Rt 302	
Westbrook	SP	Sun	9 AM	Knights of Columbus, Saco St	
Westbrook	B/D	Thurs	8 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	D/C	Wed	6 PM	Trinity Lutheran Ch, 612 Main St	
Westbrook	SP	Sun	6:30 PM	American Legion, 17 Dunn St	
Whitefield N	SP	Sat	10 AM	St Dennis Ch, 298 Grand Army Rd, Rt 126	
Wilton	D	Sat	7:30 PM	St Lukes Ch, 59 High St	
Wilton	D/C	Mon	7:30 PM	St Lukes Ch, 59 High St	No Meeting 1st Mon
Windham	W/ST	Tues	7 PM	St Ann's Episcopal Ch, River Rd	
Windham	D	Tues	7:30 PM	So Windham Community Ch, 31 Main St	
Windham	D/L	Sun	7:30 PM	St Ann's Episcopal Ch, River Rd	
Windham	L/D	Wed	Noon	North Windham Union Ch, Rt 302	
Windham	BB	Mon	7:30 PM	Windham Union Ch, Rt 302	
Winslow	D	Tues	6 PM	Congregational Ch, 26 Lithgow St	
Winslow	D	Sun	5 PM	St John Catholic Ch, Monument St	
Winslow	D	Sun	8:30 AM	Rec Hall behind Fire Station	
Winter Harbor	D	Tues	6 PM	Chart Room behind IGA, Main St	
Winterport	D	Fri	8 PM	St Gabriel's Catholic Ch, Lower Main St	
Winterport	BB	Sat	9:30 AM	St Gabriels Catholic Ch, Lower Main St	
Winthrop	D	Thurs	Noon	Congregational Ch, 11 Bowdoin St	
Winthrop	D	Mon	7 PM	All Saints Episcopal Ch, Malbon Mills Rd	
Winthrop	D	Fri	7 PM	Congregational Ch, 11 Bowdoin St	
Winthrop	ST/D	Wed	7 PM	Congregational Ch, 11 Bowdoin St	
Wiscasset	ST	Thurs	6:30 PM	St Philips Episcopal Ch, 12 Hodge St	
Wiscasset	BB	Tues	6:30 PM	St Philips Episcopal Ch, 12 Hodge St	
Wiscasset	ST	Thurs	6:30 PM	St Philips Episcopal Ch, 12 Hodge St	
Wiscasset	C/D	Sat	7:30 PM	Lincoln County Jail, 42 Bath Rd, Rt 1	
Yarmouth	D	Mon	8 PM	First Parish Congregational, 116 Main St	
Yarmouth	ST	Fri	7:30 PM	Sacred Heart Ch, 362 Main St	
Yarmouth	BB	Thurs	7:30 PM	St Bartholomew's Ch, Gilman Rd	
Yarmouth	C/W/D	Sun	7 PM	Unitarian Universalist Ch, 148 Main St	
York	D	Mon	7:30 PM	Methodist Ch, Rt 1	

**AA**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
York	W/ST	Sun	6 PM	Heart Health Ctr York Hosp,Rt 1A,Ellis Rm	
York	SP/A	Tues	8 PM	Methodist Ch, Rt 1	
York	W/C	Wed	9:30 AM	St Christopher's Ch, York St	
York Beach	ST/C	Tues	Noon	Union Congregational Ch, 29 Church St	
York Beach	BB/ST	Mon	7:30 AM	Union Congregational Ch, 29 Church St	
York Harbor	SP	Sun Last	9 AM	York Harbor Inn, Rt 1A	Last Sun of Month only
York Harbor	C/D	Wed	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	SP/B/D	Thurs	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	ST	Fri	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	ST	Mon	6 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	D/W	Wed	9:30 AM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	BB	Sat	Noon	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	D/W	Wed	9:30 AM	St Christopher's Ch, York St	
York Village	SP/A	Sat	8 PM	York Hospital Hall House, 15 Hospital Dr	

**Abused Men/Women**

Statewide		24 HRS	Sexual Assault Srvs (778-9522)	1-800-458-5599
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**Abused Women**

Androscg, Franklin, Oxford		24 HRS	AWAP (778-6107) (795-6744)	1-800-559-2927
Aroostook			Aroostook Band of MicMacs Family Violence	1-800-439-2323
Aroostook			Houlton Band Maliseet Domestic Violence	532-6401
Aroostook County		24 HRS	Battered Women's Project	1-800-439-2323
Cumberland, Sagadahoc		24 HRS	Family Crisis Srvs/Call for Information	1-800-537-6066
Eastport			Passamaquoddy Peaceful Relations	853-2613
Hancock, Washington		24 HRS	Next Step Domestic Violence Project	1-800-315-5579
Kennebec, Somerset		24 HRS	Family Violence Project	1-877-890-7788
Knox, Lincoln, Waldo		24 HRS	New Hope for Women (338-6569)	1-800-522-3304
National		24 HRS	National Domestic Violence	1-800-799-7233
Penobscot		24 HRS	Caring Unlimited	1-800-239-7298
Penobscot			Penobscot Nation/Spruce Run	1-800-863-9909
Penobscot		24 HRS	Spruce Run	1-800-863-9909
Piscataquis		24 HRS	WOMANCARE (564-8401 after 4 PM)	1-888-564-8165

**Abuser Education**

Augusta			For Sexual Abusing Men	623-7252
Statewide	M	24 HRS	For Sexual Abusing Men (795-4020)	1-800-559-2927

**ACOA**

Augusta	D	Thurs	4:30 PM	Therapeutic Support Grp	623-8375
Augusta	D	Mon	7:30 PM	Therapeutic Support Grp	623-8375
Yarmouth	D/B	Sun	7 PM	First Parish Congregational, 135 Main St	

**Addiction/MH**

Aroostook			Peer Resource Ctr, Call for Information	1-888-565-5522
Hancock County			Peer Resource Ctr, Call for Information	1-800-752-4657
Kennebec			Peer Resource Ctr, Call for Information	1-800-207-5273
Penobscot			Peer Resource Ctr, Call for Information	1-800-752-4657
York County		24 HRS	Caring Unlimited	1-800-239-7298

**AIDS C&T**

Aroostook			Aroostook County Action Program	1-800-432-7881
Auburn		M-F	The Clinic, 1 Auburn Center (795-4019)	1-800-645-9636
Augusta		M-F	9-4:30 DaySpring AIDS Support Srvs, 1 Weston Ct	621-6201
Bangor		M-F	8:30-4:30 Bangor STD Clinic	947-0700
Brunswick			Merry meeting AIDS Support	725-4955
Damariscotta		Mon-Wed	8:30-4:30 Damariscotta Family Planning	563-1224
Ellsworth		24 HRS	Western Maine Community Action	1-800-645-9636
Ellsworth		24 HRS	Downeast Health Services (667-3506)	1-800-492-5550
Farmington		M-F	8-4 Tri County Health Srvs (778-4553)	1-800-645-9636

## AIDS C&T

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Portland		M-F	8-4:30	Positive Health Care STD Clinic	874-8791
Rockland		M/T/Th/F	8:30-4:30	Rockland Family Planning	594-3114
Statewide				Maine DHHS HIV/STD Program	287-3747
Waldo		Mon-Thur	8:30-4:30	Belfast Family Planning	338-3736
Warren				Coastal AIDS Network	273-3444

## AIDS Prevention

Lewiston		M-F	8-4	Prevention Works Harm Reduction Svcs	1-800-430-6746
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## AIDS Support

Augusta		M-F	9-4:30	DaySpring AIDS Support Svcs, 1 Weston Ct	621-6201
Bangor		M-F	8-5	Eastern ME AIDS Network, 80 Exchange St	990-3626
Ellsworth		M-F	8-4	DownEast AIDS Network, 25 Pine St, Ste A	667-3506
Portland		M-F	9-5	Frannie Peabody Ctr, 615 Congress St	1-800-851-2437

## Al anon

Andover	D	Wed	7:30 PM	Andover Congregational Ch, 25 Elm St	
Auburn	D	Sat	7 PM	Grace Lutheran Ch, 757 Summer St	
Auburn	D	Wed	8 PM	St Phillips Ch, Center St, Rt 4	
Auburn	D	Mon	7:30 PM	United Methodist Ch, 439 Park St	
Augusta	D	Tues	7 PM	St Mark's Ch, 9 Summer St	
Augusta	D	Fri	12:30 PM	Unitarian Universalist Ch, Winthrop St	
Augusta	D	Thurs	5:30 PM	Prince of Peace Lutheran Ch, Eastern Ave	
Bangor	D	Tues	Noon	St Johns Episcopal Ch, 234 French St	
Bangor	D	Mon/Thurs	Noon	St Johns Episcopal Ch, 234 French St	
Bangor	D	Fri	Noon	St Johns Episcopal Ch, 234 French St	
Bangor	D	Wed	10 AM	St John Catholic Ch, 207 York St	
Bangor	D	Thurs	8 PM	Congregational Ch, Hammond St	
Bangor	D	Sat	1 PM	St John Parish House, 234 French St	
Bar Harbor	D	Fri	7 PM	St Savior's Parish Hall, Kennebec St	
Bar Harbor	D	Tues	6:30 PM	First Baptist Ch, 46 Ledgeawn Ave	
Belfast	D	Thurs	7 PM	St Francis Ch, 47 Court St	
Belfast	D	Mon	Noon	First Baptist Ch, 95 High St	
Belfast	D	Sat	10 AM	Lighthouse, 100 Court St	
Berwick S	D	Wed	7 PM	First Federated Ch, Academy St	
Berwick S	D	Mon	10 AM	First Federated Ch, Academy St	
Biddeford	D	Tues	7:45 PM	Second Congregational Ch, 19 Crescent St	
Blue Hill	D	Sun	7 PM	Blue Hill Hospital, Main St	
Boothbay Harbor	D	Mon	7 PM	St Andrews Episcopal Ch, Emerson Lane	
Brewer	D	Tues	5:30 B/6 PM	First United Methodist Ch, 40 S. Main St	
Bridgton	B/D	Tues	7:30 PM	St Joseph Ch, 225 High St	
Brunswick	D	Sat	7 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D	Fri	Noon	First Parish Ch, Vestry, 9 Cleaveland St	
Brunswick	D	Mon	Noon	Parkview Family Med Ctr, 329 Maine St	
Brunswick	D	Wed	10 AM	7th Day Adventist Ch, Fellowship Hall	
Bucksport	D	Wed	7:30 PM	Orland Town Hall, School House Rd	
Buxton	D	Tues	6:30 PM	North Congregational Ch, 22 Churchill Rd	
Calais	D	Thurs	7:30 PM	Calais Regional Hosp, Board Rm, Franklin St	
Camden	D	Tues	7 PM	Our Lady of Good Hope Ch, 7 Union St	
Camden	D	Wed	6 PM	Our Lady of Good Hope Ch, 7 Union St	
Cape Elizabeth	D	Thurs	7:30 PM	United Methodist Ch, 280 Ocean House Rd	
Cape Elizabeth	D	Wed	10 AM	United Methodist Ch, 280 Ocean House Rd	
Cape Elizabeth	D	Fri	7 PM	St Albans Episc Ch, 885 Shore Rd	
Caribou	D	Wed	7 PM	10 Grove Street	
Casco	D	Sun	6:30 PM	Clyde Bailey Drop In Ctr, 505 Roosevelt Tr	
Clinton	D	Fri	8 PM	Clinton Town Hall, Baker St	
Coopers Mills	D	Sun	7 PM	Sheepscot Valley Hlth Ctr, 47 Main St	
Damariscotta	D	Tues	7 PM	Mobius Bldg, Rt 1	



**Al anon**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Dover Foxcroft	D	Wed	7 PM	Mayo Hospital Oncology, Waiting Room	
Eastport	D	Tues	6:30 PM	St Joseph Parish Hall, Orange St	
Ellsworth	D	Mon	7 PM	1st Congregational Ch, State St, Rt 179	
Ellsworth	D	Thurs	Noon	St Joseph's Catholic Ch, High St	
Falmouth	D	Fri	5:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	D	Tues	8 PM/7 B	St Mary's Episcopal Ch, 43 Foreside Rd	
Farmington	D	Sun	7 PM	Franklin Memorial Hosp, Waldon Rm	
Farmington	D	Fri	7 PM	Franklin Memorial Hosp, Waldon Rm	
Farmington	D	Wed	7 PM	Franklin Memorial Hosp, Waldon Rm	
Fort Kent	D	Mon	1 PM	Faith Formation Center, Pleasant St	
Fort Kent	D	Fri	7:30 PM	Northern ME Med Ctr, Library, 143 E Main St	
Freeport	D	Wed	7:30 PM	First Parish Congregational Ch, 40 Main St	
Fryeburg	D	Tues	10 AM	American Legion, Bradley St	
Gardiner	D	Sun	6:45 PM	United Methodist Ch, 31 Highland Ave	
Gray	D	Thurs	8 PM	St Gregorys Ch, Rt 26, North Raymond Rd	
Guilford	D	Sat	7 PM	Guilford Methodist Ch, 3 School St	
Hancock	D	Wed	Noon	Union Congregational Ch, Rt 1	
Houlton	D	Mon	7:30 PM	Church of Good Shepard, 116 Main St	
Jackman	D	Mon	7 PM	Jackman Public Library, Main St	
Kennebunk	D	Mon	8 PM	Advent Christian Ch, Sea Rd	
Kezar Falls	D	Wed	7:30 PM	Riverside Methodist Ch, Rt 160, Porter St	
Kittery	D	Tues	7:30 PM	Community Wellness Coalition, 518 Rt 1	
Lewiston	D	Wed	10 AM	Holy Family Ch Parish Ctr, 607 Sabbatus St	
Lincoln	D	Wed	7 PM	St Marys Ch, Main St	
Lincoln	D	Sat	7 PM	Penobscot Valley Hosp Conference Rm B	
Madawaska	D	Tues	6:30 PM	Sr Citizen Ctr, 10C-11th Ave	
Madison	D	Tues	7:30 PM	St Sebastian School, Pleasant St	
Mexico	D	Thurs	10:15 AM	Congregational Ch, 43 Main St	
Newcastle	D	Wed	9 AM	Faith Baptist Ch, Mills Rd	
Newcastle	D	Fri	9 AM	St Andrew's Ch, 11 Glidden St	
Oakland	D	Fri	10:30 AM	St Theresa Catholic Ch, Church St	
Orrington	D	Fri	6 PM	E Congregational Ch, Fowler Rd	
Portland	D	Wed	6 PM	Central Square Baptist Ch, 466 Stevens Ave	
Portland	D	Mon	11:30 AM	Central Square Baptist Ch, 466 Stevens Ave	
Portland	D	Mon	10 AM	St Patricks, 1342 Congress St, Basement	
Portland	D	Fri	9:30 AM	Trinity Episcopal Ch, 113 Coyle St	
Portland	D	Mon	7B/8 PM	Trinity Episcopal Ch, 113 Coyle St	
Portland	D	Tues	Noon	St Paul Guild Hall, 279 Congress St	
Portland	D	Wed	7 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	D	Sun	7 PM	YWCA, 87 Spring St	
Portland S	B/D	Sat	8:30B/9D AM	First Congregational Ch, 301 Cottage Rd	
Presque Isle	D	Mon	7 PM	Congregational Ch, Church St	
Princeton	D	Mon	7:30 PM	Elders Meal Center, Off Rt 1	
Rockland	D	Thurs	6 PM	St Peters Episcopal Ch, White St	
Rockport	D	Tues	7 PM	Pen Bay Medical Ctr, Basement, Rt 1	
Rumford	D/ST	Tues	6:45ST/8REG	St Theresa Ch, Brown St	
Saco	D	Mon	10 AM	Most Holy Trinity Ch, Main St	
Saco	D	Fri	8 PM	Trinity Episcopal Ch, 403 Main St	
Sanford	D	Mon	7 PM	Holy Family Ch, 66 North Ave	
Sanford	D	Wed	7 PM	Lions Club, Rt 109 & Rt 4	
Scarborough	D	Wed	10 AM	United Methodist Ch, 2 Church St	
SW Harbor	D	Sun	7 PM	SW Harbor Congregational Ch, High Rd	
Swans Island	D	Tues	Noon	Swan Island Library, 451 Atlantic Rd	
Thomaston	D	Sat	9 AM	Peoples United Methodist Ch, 3 Chapel St	
Thomaston	D	Mon	7 PM	Baptist Ch, 112 Main St	

**Al anon**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Van Buren	D	Mon	7 PM	St Bruno Ch Hall, 320 Main St	
Warren	D	Sun	6 PM	Bolduc Correctional Facility, 516 Cushing	
Washington	D	Fri	6 PM	Village Church, Washington Village	
Waterville	D	Tues	7 PM	ME General, Seton, Serene Rm, Chase Ave	
Waterville	D	Sun	10 AM	ME General, Seton, Serene Rm, Chase Ave	
Waterville	D	Wed	Noon	St Mark's Ch, 60 Eustis Parkway	
Wells	D	Thurs	7:30 PM	Congregational Ch, Rt 1	
Winthrop	D	Mon	7 PM	United Methodist Ch, Main St	
Yarmouth	D	Wed	10 AM	Congregational Ch, Corner Rt 115 & 231	
York Harbor	D	Mon	7 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	D	Wed	6:45B/7:30P M	St George Episc Ch, Rt 1A, 407 York St	

**Alateen**

Gardiner	D	Sun	6:45 PM	Methodist Church, 31 Highland Ave	
Rockland	D	Thurs	6 PM	St Peters Episcopal Ch, White St	

**CODA**

Bangor	D/A	Fri	7 PM	Hammond St Cong Ch, 28 High St	
Bangor	D	Tues	7 PM	Hammond St Cong Ch, 28 High St	
Kennebunk	D/SP	Tues	7 PM	St Davids Episcopal Ch, 138 York St	
Portland	D	Tues	6 PM	Maine Med Ctr, 335 Brighton Ave, 3rd Floor	
Portland	ST	Fri	12:30 PM	Sacred Heart Ch, 65 Mellon St	
York	D/ST	Sun	10 AM	York Hospital, 15 Hospital Dr	

**Dual Diagnosis/AA**

Augusta				Peer Resource Ctr, Call for Information	1-800-207-5273
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**Dual Recovery**

Bangor	D	Wed	6:30 PM	Acadia Hosp, 268 Stillwater, Penobscot Rm	
Portland	D	Mon	7 PM	McGeachy Hall, 1st Floor, 216 Vaughan St	

**Eating Disorder**

Bangor	D/A	Thurs	7 PM	Acadia Hosp, 268 Stillwater, Heron Rm	
Bangor	F	Thurs	7 PM	Acadia Hosp, 268 Stillwater, Kenduskeag	
Portland	D	Sat	10 AM	Mercy Hospital, 144 State St	879-3795
Portland	D	Fri	3:15 PM	Call For Location	879-3795

**Emotions Anon**

Farmington	D	Tues	7 PM	Franklin Memorial Hosp	
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**Families Anonymous**

Westbrook		Wed	7 PM	Mercy Hospital Recovery Ctr, 40 Park Rd	846-3425
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**Food Addicts**

Augusta	D	Sun	6:30 PM	St Marks Ch, 9 Summer St	
Bath	D	Mon	7 PM	United Church of Christ, 150 Congress Ave	
Bath	D	Wed	7 AM	United Church of Christ, 150 Congress Ave	
Brunswick	D	Sat	9 AM	Mid Coast Hosp, Medical Ctr Dr, Conf Rm 1&2	
Freeport	D	Thurs	9 AM	First Parish Ch, 40 Main St	
Ocean Park	D	Fri	8:30 AM	Pines Retirement Comm, 10 Manor St,	
Scarborough	D	Tues	9 AM	ME Med Ctr, Scarborough Campus, Bldg 100	
Scarborough	D	Wed	9 AM	St Maximillian Kolbe Ch, 150 Black Pt Rd	
Waldoboro	D	Thurs	6:30 PM	United Methodist Ch, Friendship St	
Westbrook	D	Mon	6:30 PM	Larrabee Village Adm Bldg, Liza Harmon Dr	
Westbrook	D	Thurs	7 PM	Larrabee Village Adm Bldg, Liza Harmon Dr	
Westbrook	D	Sat	8 AM	Larrabee Village Adm Bldg, Liza Harmon Dr	
Windham	D	Tues	7 PM	Faith Lutheran Ch, Roosevelt Tr, Rt 302	
York	D	Sun	8 AM	York Hosp, Purple Med Building, Hospital Rd	

**GAM**

Lewiston	D	Mon	7 PM	YWCA, 130 East Ave	
Portland	ST	Thurs	7 PM	Woodfords Congr Ch, 202 Woodford St	

**HTLN AA**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>
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**HTLN AA**

Fort Kent		Daily	6-12	Fort Kent/New Brunswick	506-739-7515
Lincoln County			24 HRS	Boothbay/Damariscotta (822-1000)	1-800-255-1060
Massachusetts				Out of State/Western Mass.	413-532-2111
Massachusetts			9-9	Out of State/Eastern Mass.	978-957-4690
Massachusetts				Out of State/Central Mass.	508-752-9000
New Hampshire			24 HRS	Out of State/New Hampshire	1-800-593-3330
New York		M-F	8:30-4:45	National General Service Office	212-870-3400
Portland	Deaf			Pine Tree Society	443-3341 V&TTY
Portland				Signers for Hearing Impaired	774-4335
Statewide			9-5	Statewide AA Meetings, Central Services	1-800-737-6237
Vermont				Out of State/Vermont	802-658-4221

**HTLN Abuse**

National			24 HRS	National Child Abuse Hotline	1-800-422-4453
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**HTLN AIDS**

Maryland			24 HRS	Center for Disease Control (Spanish Line)	1-800-344-7432
Maryland	TTY	M-F	10AM-10PM	Center for Disease Control Information	1-800-243-7889 TTY
National		M-F	24 HRS	CDC National Aids Hotline	1-800-342-2437
Portland				ME Civil Liberties	774-5444
Statewide		M-F	9-5	Maine Statewide AIDS Hotline	1-800-851-2437

**HTLN Al anon**

Statewide				Statewide Listings (774-HELP)	1-800-498-1844
Virginia			24 HRS	Al Anon Family Group Headquarters	1-888-425-2666

**HTLN Behavioral Health**

Statewide				NAMI Maine	1-800-464-5767
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**HTLN Child Abuse**

National			24 HRS	Childheld USA, National Hotline	1-800-422-4453
Statewid			24 HRS	Reporting Child Abuse	1-800-452-1999
Statewide		M-F	9-4	Preventing Child Abuse/Mainely Parents	1-800-249-5506

**HTLN Drug Enforcement**

Statewide			24 HRS	Bureau Intergovernmental Drug Enforcement	1-800-452-6457
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**HTLN Eating**

Westbrook				Mercy Recovery Ctr, 40 Park Rd	879-3795
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**HTLN Elderly**

Augusta		M-F	8-4:30	Senoir Spectrum	1-800-639-1553
Lewiston		M-F	8-5	Seniors Plus (795-4010)	1-800-427-1241
Penobscot Cty		M-F	8-4:30	Eastern Maine Agency on Aging	1-800-432-7812
Presque Isle		M-F	8-4:30	Aroostook Area Agency on Aging	1-800-439-1789
So Maine				Southern Maine Agency on Aging	1-800-427-7411

**HTLN Family Violence**

Statewide			24 HRS	Adult & Child Abuse Child Protection	1-800-452-1999
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**HTLN Food Addicts**

Southern Maine				Food Addicts Maine Hotline	775-2132
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**HTLN Gamblers**

Los Angeles CA				Gamblers Anonymous Headqtrs	213-386-8789
National			24 HRS	National Council on Problem Gambling	1-800-522-4700
New Hampshire				Gamblers Anonymous	603-644-8097
New York				Gam Anon PO Box 157, Whitestone NY	718-352-1671
Portland			24 HRS	Ingraham Volunteers	774-4357
Statewide				Gamblers Anonymous	773-7433

**HTLN Homeless**

			24 HRS	Homeless Crisis Hotline	800-438-3890
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**HTLN Information**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>
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**HTLN Information**

Statewide			24 HRS	Ingraham Volunteers	774-4357
Statewide			24 HRS	Infoline (973-6815)	1-800-204-2803

**HTLN NA**

Massachusetts				Narcotic Anonymous Meetings in Mass	1-866-624-3578
New Hampshire				NA Meetings for New Hampshire	603-645-4777
New Hampshire				Narcotics Anonymous Meetings New Hampshir	603-645-4777
Statewide			24 HRS	State of Maine NA Meetings	1-800-974-0062
Vermont				Narcotics Anonymous Meetings Vermont	802-862-4516

**HTLN OA**

				Eastern Maine Intergroup (Infoline)	800-204-2803
				Northern Maine Intergroup	762-5461
Portland			24 HRS	Ingraham Volunteers	774-4357

**HTLN Parents**

Statewide				Parent TalkLine	1-800-249-5506
Statewide				Mainely Parents	1-800-870-7746
Statewide		M-F	830-430	Statewide Parent Information Network	1-800-870-7746

**HTLN Poison**

			24 HRS	Poison Control Ctr	1-800-442-6305
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**HTLN RAPE**

Augusta			24 HRS	Survivors of Sexual Assault (626-0660)	1-800-871-7741
Augusta			24 HRS	Rape Crisis Ctr (626-0660)	1-800-421-4325
Bangor			24 HRS	Rape Response Srvs (989-5678)	1-800-310-0000
Bath/Brunswick			24 HRS	Mid Coast Sexual Assault Srvs (725-2181)	1-800-822-5999
Hancock Cty			24 HRS	Rape/Downeast Health Services	1-800-228-2470

**HTLN Runaways**

National			24 HRS	Runaway Hot Line	1-800-621-4000
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**HTLN Sex & Love Addict**

Belfast			24 HRS	Infoline (Mid Maine Intergroup)	1-800-204-2803
Portland			24 HRS	Ingraham Volunteers	774-4357

**HTLN Smokers**

Statewide				Maine Tobacco Helpline	1-800-207-1230
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**HTLN Smokers Anonymous**

Portland			24 HRS	Ingraham Volunteers (So Maine Intergroup)	774-4357
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**HTLN State Police**

Statewide			24 HRS	Maine State Police	1-800-452-4664
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**HTLN Substance Abuse**

		Daily	12PM-3AM	SAMHSA/Treatment	1-800-662-4357
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**HTLN Suicide**

			24 HRS	Statewide Crisis Hotline BDS	1-888-568-1112
National			24 HRS	Boys and Girls Town Hotline	1-800-448-3000
National			24 HRS	National Suicide Prevention Initiative	1-800-273-8255
National			24 HRS	National Suicide Prevention Hotline	1-800-784-2433

**Incest Survivor**

Augusta			24 HRS	Sexual Assault & Support Srvs (626-0660)	1-800-871-7741
Ellsworth			24 HRS	Downeast Health Services	1-800-492-5550
Portland			24 HRS	Sexual Assault Response Srvs (774-3613)	1-800-313-9900

**Manic/Depressive**

Portland	D	Mon	7 PM	MMC, Dana Ctr,Rm 2, 222 Bramhall St	
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**Mental Illness**

Statewide		M-F	8-4:30	National Alliance on Mental Illness	1-800-464-5767
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**NA**

NA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Alfred	D	Tues	7 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Alfred	Lit/A	Thurs	8 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Augusta	D	Fri	7:30 PM	Mennonite Ch, 187 Sewall St	
Augusta	D	Sat	6 PM	Riverview Psychiatric Hosp, Hospital St	
Augusta	D	Sat	9 PM	Mennonite Ch, 187 Sewall St	
Augusta	D/C	Wed	6:30 PM	ME General Med Ctr, 6 Chestnut, Conf Rm 1	
Augusta	D	Sun	5:15 PM	Bread of Life Ministries, 157 Water St	
Augusta	ST	Tues	7:30 PM	Green St United Methodist Ch, 13 Green St	
Augusta	D	Mon	7:30 PM	Mennonite Ch, 187 Sewall St	
Bangor	D	Wed	7 PM	Community Health Care Srvs, 42 Cedar St	
Bangor	D	Mon-Fri	7:30 AM	St Johns Episcopal Ch, 234 French St	
Bangor	D	Sun/Tues/Thurs	7 PM	Acadia Hosp, 268 Stillwater, Osprey Rm	
Bangor	ST	Mon/Fri	7 PM	Community Health Care Srvs, 42 Cedar St	
Bangor	D/A	Sat	7:30 PM	EMMC, 489 State St, Conf Rm 2B	
Bar Harbor	D	Thurs	7 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bath	D	Tues	7:30 PM	Church of the Nazarene, 191 Centre St	
Belfast	D	Sat	6:30 PM	Alternate Choices, 11 Market St	
Bridgton	D	Mon	7 PM	Community Center, 45 North High St	
Bucksport	D	Sat	7 PM	United Methodist Ch, Franklin St	
Calais	ST	Wed	6:30 PM	St Anne's Episcopal Ch, 23 Church St	
Calais	D	Sun	6:30 PM	St Anne's Episcopal Ch, 23 Church St	
Caribou	D	Mon	7 PM	Unitarian Ch, 3 Grove St	
Damariscotta	ST	Wed	7:30 PM	United Methodist Ch, Church St	
Damariscotta	D	Fri	7:30 PM	United Methodist Ch, Church St	
Ellsworth	D	Sun	7 PM	Your Place, North St	
Ellsworth	D	Tue/Fri	7 PM	Your Place, North St	
Farmington	ST	Tues	6:30 PM	Henderson Baptist Ch, 110 Academy St	
Farmington	D/A	Sat	9 AM	Franklin Memorial Hosp, Conf Rm C	
Farmington	D	Thurs	6:30 PM	Franklin County Memorial Hospital	
Fort Kent	D/C	Thurs	7:30 PM	St Louis Catholic Ch, 26 East Main St	
Houlton	D/C	Mon	7 PM	Salvation Army, 12 Court St	
Kennebunk	D	Sun	6:30 PM	Christ Church, 6 Dane St, Corner Rt 35	
Lewiston	D	Fri	7:30 PM	12 Hour Club, 120 Lisbon St	
Lewiston	D	Wed	7 PM	Trinity Episcopal Ch, 247 Bates St	
Lewiston	D	Sun	6:45 PM	Trinity Ch, 247 Bates St	
Machias	D	Wed	7:30 PM	St Aidens Ch, Main St	
Madawaska	D/C	Mon	7:30 PM	St John Valley Associate Bldg, 10C-11th Av	
Norway	D	Thurs	6:30 PM	Unitarian Universalist Ch, 479 Main St	
Norway	D	Sat	Noon	Unitarian Universalist Ch, 479 Main St	
Norway	D	Tues	8 PM	Unitarian Universalist Ch, 479 Main St	
Norway	D	Sun	7 PM	Unitarian Universalist Ch, 479 Main St	
OOB	D	Wed	6:30 PM	Milestone, 28 Portland Ave	
Porter	D	Fri	7 PM	Riverside Methodist Ch, 5 School St	
Portland	D	Mon	7 PM	1st Unitarian Universalis, 425 Congress St	
Portland	ST	Sun	6 PM	1st Unitarian Universalis, 425 Congress St	
Portland	D/Lit	Mon/Fri	Noon	Salvation Army Rehab, 88 Preble St	
Portland	D	Tues	8 PM	Sahara Club, 135 Washington Ave	
Portland	D/A	Wed	7 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	W	Thurs	7:15 PM	Church of the Holy Spirit, 1047 Congress	
Portland	Lit/C	Fri	7 PM	Immanuel Baptist Ch, Deering St	
Portland	D/A	Sat	7 PM	Immanuel Baptist Ch, Deering St	
Portland	SP	Thurs	8 PM	Sacred Heart Ch, Sheman St	
Presque Isle	D	Thurs	7:30 PM	Skyway Industrial Park, 7 North Drive	
Rockland	D	Tues	6:30 PM	St Peters Ch, Limerock Rd	
Rockland	D	Fri	6:30 PM	St Peters Episcopal Ch, Limerock Rd	

**NA**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Rumford	D	Mon	8 PM	St John's Homeless Shelter, Corner Main S	
Saco	D	Wed	Noon	Holy Trinity Ch, 271 Main St, Room 4	
Saco	ST	Mon	6 PM	Holy Trinity Ch, 271 Main St, Room 4	
Thomaston	D	Sat	6:30 PM	People's United Methodist Ch, 3 Chapel St	
Van Buren	D	Wed	7:30 PM	East Winthrop Baptist Ch, Rt 202	
Waterville	D/C	Fri	6 PM	First Congregational Ch, 7 Eustis Parkway	
Waterville	D	Tues	7:30 PM	St Mark's Ch, 60 Eustis Parkway	
Waterville	D/C	Wed	8:30 PM	Mt Merci School, 152 Western Ave	

**Nar Anon**

Ellsworth	D	Sun	6 PM	Maine Coast Memorial Hospital, 50 Union St	
Rockland	D	Tues	6:30 PM	Rockland Public Library, 80 Union St	
Rockland	D	Tues	6:30 PM	Rockland Public Library, 80 Union St	

**Nicotine Anonymous**

Bangor	D	Wed	6:30 PM	Maine Veterans Home, Hogan Rd	
Lewiston	D	Wed	7 PM	Bates St Family Health Ctr, 292 Bates St	

**OA**

Ashland	D	Thurs	7:30 PM	Ashland Comm Lib, 53 Exchange St	
Augusta	D	Sat	10 AM	Kennebec Mennonite Ch, 187 Sewall St	
Baileyville	D	Sun	10:20 PM	St James Catholic Ch, Hillside St	
Bangor	D	Thurs	Noon	Lutheran Ch, 540 Essex St	
Bangor	D	Mon	10 AM	St Joseph Health Care Park, 360 Broadway	
Bangor	D	Thurs	6:30 PM	Eastern Maine Medical Ctr, 489 State St	
Bangor	D	Sun	4 PM	St Joseph Health Care Park, 360 Broadway	
Bath	D	Tues	7 PM	United Church of Christ, 150 Congress Ave	
Belfast	D	Fri	Noon	Universalist Ch, 37 Miller St	
Blue Hill	D	Sun	5 PM	Blue Hill Hospital, Water St	
Blue Hill	D	Thurs	7 PM	Blue Hill Hospital, Water St	
Brewer	D	Thurs	6:30 PM	Wells Forms, 797 Wilson St	
Brunswick	D	Mon	7 PM	First Parish Ch, 9 Cleaveland St	
Brunswick	D	Sun	9 AM	Mid Coast Hosp, 123 Medical Center Dr	
Brunswick	D	Thurs	7 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Caribou	D	Sun	7 PM	Unitarian Ch, 3 Grove St	
Ellsworth	D	Sat	8 AM	Your Place, North St	
Ellsworth	D	Tues	7 PM	St Joseph's Catholic Ch, High St	
Farmington	D	Fri	6 PM	Franklin Memorial Hosp, Waldon Rm	
Fort Kent	D	Sat	2 PM	School of Religion, Pleasant St	
Madison	D	Sun	6 PM	Madison Congregational Ch, 124 Main St	
Millinocket	D	Thurs	7 PM	Millinocket Regional Hospital, Rt 11 South	
Patten	D	Mon	9 AM	25 Meadow Brook Apt 5	
Portland	D	Wed	7:30 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	M/D/ST	Tues	5:30 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	D	Sat	10 AM	Maine Medical Ctr, Dana Center, Rm 3	
Portland	D	Sun	7 PM	Brighton Hospital, 125 Brighton Ave	
Presque Isle	D	Tues	Noon	Grant Memorial Methodist Ch, 79 Fleetwood	
Princeton	D	Mon	4 PM	St Croix Regional Family Hlth Ctr, Mill St	
Rockland	D	Thurs	6:30 PM	Rockland Public Library, 80 Union St	
Rockland	D	Wed	Noon	Rockland Public Library, 80 Union St	
Rockland	D	Sat	9:15 AM	Rockland Public Library, 80 Union St	
Saco	D	Wed	10 AM	First Parish Ch, 12 Beach St	
Scarborough	D	Mon/Thurs	10 AM	W Scarborough Methodist Ch, Church St	
Searsmont	D	Thurs	7 PM	Searsmont Community Bldg, Rt 131	
Van Buren	D	Thurs	7 PM	St Bruno Ch Rectory, 180 Main St	
Vinal Haven	D	Mon	5:30 PM	Vinal Haven Public Library, Carver St	
Wells	D	Thurs	6:30 PM	Urgent Care, 114 Sanford Rd, Rt 109	
Wiscasset	D	Thurs	7 PM	St Philips Episcopal Ch, 12 Hodge St	

**OA**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
York	D	Fri	10 AM	York Hosp Medical Office, 16 Hospital Dr	
York	D	Sat	8 AM	York Hospital, 15 Hospital Dr	

**Parent Assistance**

Bath				Coastal Economic Development, Parent Assis	1-800-221-2221
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**Parent Support**

Farmington		Tues	9:30 AM	Ricker Extension Parent/Child Interact Gr	
Farmington	D/CC	Mon	5:30 PM	Trinity United Meth Ch, Farmington Falls R	
Farmington	D/CC	Thurs	10 AM	UMF, Ricker Extension	
Lincoln Cty				Parents of Sexually Abused Children	
Livermore Falls	Teen	Wed	10 AM	First Baptist Church	
Portland	Dads	Tues	6:30 PM	YMCA, 70 Forest Ave	874-1111 x227
Statewide		M-F	9-4	Mainly Parents, Information on meetings	1-800-249-5506
Waterville	D/CC	Thurs	6 PM	Families First Kennebec Child Abuse Couns	626-3428

**Recovery**

Bangor	Teen	Mon	6:30 PM	Hammond St Cong Ch, 28 High St	
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**Recovery, Inc.**

Portland	D	Sat	10 AM	MMC, Dana Ctr, Rm 2, 222 Bramhall St	
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**Sex&Love Addiction**

Ellsworth	D	Mon	7 PM	Unitarian Universalist Ch, 121 Bucksport R	
Mid Maine				Infoline (Mid Maine Intergroup)	1-800-204-2803
Southern Maine				Ingraham Volunteers (So Maine Intergroup)	774-4357

**Sexual Abuse**

Hancock, Washington			24 HRS	Downeast Sexual Assault Services	1-800-492-5550
Mid Coast			24 HRS	Sexual Assault Svcs Of Mid Coast ME	1-800-871-7741
Southern ME			24 HRS	Sexual Assault Svcs of Southern ME	1-800-313-9900
Statewide			24 HRS	Statewide Sexual Assault Services	1-800-458-5599

**Smart Recovery**

Portland				On line meeting <a href="http://www.smartrecovery.org">www.smartrecovery.org</a>	
Rockport				Call for Information	594-2858

**Smoking Anonymous**

Norway	D	Tues/Thurs	4:30 PM	Healthy Oxford Hills, 165 Main St	743-5933 x775
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**Social Club**

Augusta		Mon-Sat	Varies	LINC Social Club	626-3444
Bangor		Mon-Thurs	Varies	Together Place, 150 Union St Call for Info	941-2997
Brunswick				Greco Club, 8 Lincoln St, Apt 4	798-5622
Jay		Tues/Thurs	1-4 PM	Friends Together Social Club, 70 Main St	897-1010
Lewiston	D/A	Fri	5:30 PM	12 Hour Club, 120 Lisbon St	782-9140
Lewiston				100 Pine Street Social Club	795-6719
Madawaska				Valley Social Club, 272 Main St	728-4806
Portland				Amistad Call for Info	773-1956
Rockland				Rockland Social Club	596-6611
Rumford		Wed-Thurs	3-8 PM	Beacon House, 150 Congress St	369-0868
Saco		Sun-Sat	Varies	Common Connections	286-1117
Sanford				Harmony Support Center, 5 High St	490-5253
Waterville		Sun-Sat	Varies	Waterville Social Club, 32 Ticonic St	873-1027
Waterville		Daily	9AM-9PM	Central Maine Recovery Ctr, 77 College Ave	1-888-774-9922
Waterville		Sun-Sat	9AM-9PM	Central Maine Recovery Ctr, 77 College Ave	1-888-774-9922

**Survivors of Suicide**

Belfast	D	As Needed		Hospice Volunteers Waldo Call for Info	930-2677
Brunswick	D			Sweetser, 78 Pleasant St Call for Info	1-888-283-2279
Lewiston		2nd/4th Mon		Central Maine Medical Ctr, Call for Info	662-4226
Portland	D	2nd/4th Mon	7 PM	MMC, Dana Center, 222 Bramhall St	
Waterville	D	As Needed		Hospice Volunteers Waterville Call for In	873-3615

**TOPS**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
<b>TOPS</b>					
Abbot	D	Wed	6 PM	Abbot Town Hall, RR 15, Monson Rd	
Addison	D	Wed	5:30 PM	Indian River Grange, 1431 Indian River Rd	
Albion	D	Mon	8:45 AM	Lovejoy Hlth Clinic, 7 School St	
Alna	D	Wed	7 PM	Alna Baptist Ch, Rt 194 Head Tide Rd	
Anson	D	Tues	6 PM	Garret Schenk School, Taylor Ave	
Auburn	D	Wed	6:30 PM	Grace Lutheran Ch, 757 Summer St	
Auburn	D	Thurs	6 PM	7th Day Adventist Ch, 310 Minot Ave	
Augusta	D	Wed	6:15 PM	Lithgow Library, Winthrop St	
Baileyville	D	Wed	4 PM	People's United Methodist Ch, Summit St	
Bangor	D	Thurs	5:30 PM	St Joseph Hosp, 358 Broadway	
Belfast	D	Wed	6:30 PM	First Baptist Ch, 95 High St	
Bethel	D	Wed	6 PM	Bethal Alliance Ch, Walkers Mills Rd	
Biddeford	D	Mon	6:30 PM	Christ Episcopal Ch, 18 1/2 Crescent St	
Blue Hill	D	Mon	6 PM	Ken-Rose Farm B&B, 1381 Pleasant St	
Bradley	D	Mon	5:30 PM	Bradley Baptist Ch, Highland Ave	
Brewer	D	Tues	8:30 AM	VFW Hall, 235 Center St	
Brewer	D	Wed	8:30 AM	Maliseet Gardens, 92 Oak St	
Brunswick	D	Thurs	6:45 PM	Seventh Day Adventist Ch, 333 Maine Ave	
Brunswick	D	Wed	9:30 AM	Seventh Day Adventist Ch, 333 Maine Ave	
Bucksport	D	Mon	5:30 PM	Jewett School, 66 Bridge St	
Buxton	D	Thurs	6 PM	Buxton Ctr Baptist Ch, 938 Long Plains Rd	
Calais	D	Tues	5:30 PM	Second Baptist Ch, 17 Church St	
Camden	D	Mon	6:30 PM	Camden First Aid Bldg, 125 John St	
Caribou	D	Fri	6 PM	Lion's Community Ctr, 121 High St	
Caribou	D	Thurs	5:30 PM	Cary Medical Ctr, 163 Van Buren Rd	
Chebeague Island	D	Thurs	7 PM	Chebeague Recreation Ctr, 382 North St	
Cherryfield	D	Mon	6:30 PM	Narraguagus Estates, 16 Estate St	
China	D	Thurs	6 PM	China Baptist Ch, Main St	
Clinton	D	Tues	7 PM	Brown Methodist Ch, 10 Church St	
Damariscotta	D	Thurs	6:30 PM	Assembly of Gods Ch, Belveder Rd	
Damariscotta	D	Tues	11 AM	Senior Spectrum, 521 Main St	
Dexter	D	Wed	9:15 AM	First Free Baptist Ch, 130 Spring St	
Dexter	D	Tues	7:45 AM	VFW Hall, 20 Cedar St	
Dexter	D	Wed	6:10 PM	Dexter Fire Station, 98 Church St	
Dixfield	D	Thurs	6 PM	7th Day Adventist Ch, 1 Blayne St	
Dover Foxcroft	D	Wed	9:30 AM	Thayer Parkway Comm Bldg, Park St	
Ellsworth	D	Tues	7 PM	Family Bible Church, 460 High St	
Fairfield	D	Thurs	6:30 PM	Nazarene Ch, 81 Main St	
Fairfield	D	Wed	5:30 PM	United Methodist Ch, Skowhegan Rd	
Fairfield	D	Mon	6:45 PM	First Baptist Ch, 12 New Hall St	
Fairfield	D	Wed	6 PM	Lawrence HS, 9 School St	
Fort Kent	D	Wed	6 PM	Religious Education Ctr, Pleasant St	
Freedom	D	Fri	9 AM	Freedom Congregational Ch, 33 Pleasant St	
Fryeburg	D	Thurs	6 PM	First Assembly of God, 8 Drift Rd	
Gardiner	D	Thurs	6:30 PM	Laura Richards School, Brunswick Ave, Café	
Gardiner	D	Wed	11:30 AM	First Baptist Ch, 47 Church St	
Gouldsboro	D	Thurs	6 PM	Gouldsboro Medical Clinic, Clinic Rd	
Gray	D	Mon	6:30 PM	Gray American Legion, 15 Lewiston Rd	
Hollis Center	D	Wed	6 PM	Lions Club, Main St	
Houlton	D	Tues	6 PM	Houlton Regional Hospital, 20 Hartford St	
Houlton	D	Fri	9 AM	Aldergate Hall of Wesley Ch, 21 High St	
Island Falls	D	Wed	8:30 AM	Whittier Congregational Ch, Burleigh St	
Kenduskeag	D	Wed	6 PM	Kenduskeag Union Ch, Kenduskeag Rd	
Kingsfield	D	Tues	6 PM	Mtn Abram Health Ctr, 25 Depot St	
Kittery	D	Tues	6:30 PM	Kittery Recreational Center, 2 Cole St	



# TOPS

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Lewiston	D	Mon	6:30 PM	First Assembly of God Ch, 70 Hogan Rd	
Limestone	D	Wed	6 PM	Masonic Lodge, Main St	
Limington	D	Thurs	6:30 PM	Limington Town Hall, Sokokis Ave, Rt 11	
Lincoln	D	Thurs	9 AM	Ballard Hill Community Ctr, Pleasant St	
Lisbon Falls	D	Mon	6 PM	St Mathews Episcopal Ch, 496 Lisbon St	
Litchfield		Wed	6:30 PM	Carrie Ricker School, Rt 197, Richmond Rd	
Lubec	D	Tues	5:30 PM	Regional Medical Ctr, 43 South Lubec Rd	
Lyman	D	Thurs	6:30 PM	Cousin's Mem School, Goodwin Mills Rd, Gym	
Machias	D	Tues	12:10 PM	Center for Lifelong Learning, 9 Obrien Ave	
Madawaska	D	Thurs	6:30 PM	Madawaska Public Library, 363 Main St	
Mechanic Falls	D	Tues	6:30 PM	Baptist Ch, 59 Pleasant St	
Medway	D	Thurs	5:30 PM	Medway Middle School Library, Rt 157	
Mexico	D	Thurs	5:45 PM	Mexico Congregational Ch, 163 Main St	
Millinocket	D	Tues	9 AM	American Legion Hall, Cental St	
Montecello	D/A	Thurs	5:30 PM	Calvary Pentecostal Ch, Main St	
NE Harbor	D	Mon	4:30 PM	Mt Desert Nursing Association, 12 Summit R	
Newport	D	Thurs	6:30 PM	Sebasticook Valley Comm Ctr, 81 North St	
Norridgewock	D	Wed	9 AM	Community Baptist Ch Vestry, 22 Main St	
Oakland	D	Tues	6:30 PM	All Souls Universalist Ch, 41 Church St	
Old Town	D	Thurs	6 PM	Preservation Meeting River House, 120 Main	
Orrington	D	Mon	6 PM	Orrington Town Hall, Center Drive Rd	
Paris S	D	Tues	6 PM	VFW Hall, East Main St	
Paris S	D	Mon	6 PM	Market Sq Health Care Ctr, 3 Market Sq	
Phillips	D	Wed	6:15 PM	Kingfield Savings Bank, Main St	
Pittsfield	D	Thurs	9:30 AM	First Congregational Ch, 20 Park St	
Portland	B	Wed	6:30 PM	Church of the Holy Spirit, 1047 Congress	
Portland S	D	Tues	7 PM	Thornton Hghts Meth Ch, 100 Westbrook St	
Presque Isle	D	Mon	5:30 PM	Opportunity Training Ctr, 25 Lombard St	
Presque Isle	D	Wed	5:45 PM	Grant Methodist Church, 79 Fleetwood St	
Presque Isle	D	Thurs	6 PM	Congregational Ch, Second St	
Randolph	D	Thurs	6:30 PM	Randolph Methodist Ch, 16 Astbury St	
Rangeley	D	Wed	5:30 PM	Rangeley Townhouse, School St, Dining Room	
Readfield	D	Thurs	6 PM	United Methodist Ch, Route 17	
Rockland	D	Thurs	6:30 PM	McDougall School, Broadway	
Rockland	D	Tues	6:30 PM	First Baptist Ch, 215 Limerock St	
Saco	D	Tues	6:30 PM	Saco Community Center, 75 Franklin St	
Saco	D	Tues	6:45 PM	Kimball Health Ctr, 333 Lincoln St, Conf Rm	
Saco	D	Fri	9:30 AM	Saco Community Center, 75 Franklin St	
Sanford	D	Fri	9:15 AM	Sanford Fish & Game Club, Route 4	
Sanford	D	Wed	6 PM	Sanford Fish & Game Club, Route 4	
Scarborough	D	Mon	5:45 PM	Hillcrest Community Ctr, 108 Hillcrest St	
Skowhegan	D	Mon	6 PM	Notre Dame De Lourdes, 222 Water St	1-800-932-8677
Skowhegan	D	Thurs	10:30 AM	Skowhegan Grange Hall, 98 Hesselton St	
Stillwater	D	Thurs	6 PM	Federated Church, 335 Benock St	
Strong	D	Thurs	6 PM	Strong Methodist Parish House, Main St	
Turner	D	Thurs	6:15 PM	Union Presbyterian Ch, 8 Howes Corner Rd	
Unity	D	Mon	6 PM	Unity Union Ch, Depot St	
Van Buren	D	Thurs	5:30 PM	Community Ctr, 16 Champlain St	
Waldoboro	D	Tues	7 PM	American Legion Hall, 181 Jefferson St	
Washburn	D	Mon	5:15 PM	Washburn Trail Runners, 48 Station Rd	
Waterboro	D	Tues	6:30 PM	Waterboro Town Hall, 24 Townhouse Rd	
Waterville	D	Thurs	6:30 PM	Salvation Army, 225 Main St	
Westbrook	D	Wed	8:30 AM	Westbrook Hous Authority, 30 Liz Harmon Dr	
Westbrook	D	Tues	6:15 PM	Westbrook Warren Congreg Ch, 810 Main St	
Westbrook	D	Tues	6 PM	St Mary's Hall, 625 Main St	
Wilton	D	Thurs	6:30 PM	Wilton Fire Station, 352 Main St	

**TOPS**

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	
Wilton	D	Mon	7 PM	Wilton Methodist Ch, Main St	
Windham	D	Tues	6 PM	Aikens Center, Windam Center Road	
Winter Harbor	D	Wed	6 PM	73 Misty Harbor Dr, Chart Room	
Winterport	D	Mon	6 PM	Ellingwood Corner Methodist Ch, Lebanon Rd	
Wiscasset	D	Tues	8:30 AM	Lincoln County Community Ctr, 32 High St	
Wiscasset	D	Wed	5 PM	Wiscasset Middle School, Federal St	

**WISDUM**

Augusta		Mon	7 PM	St Pauls Oblate House, 136 State St	
Orono	D	Wed	7 PM	Orono Methodist Ch, 36 Oak St	866-4605

**Women Support**

Androscoggin/Oxford			24 HRS	Abused Women Advocacy Project	1-800-599-2927
Aroostook County			24 HRS	Battered Women's Project	1-800-439-2323
Cumberland, Sagadahoc			24 HRS	Family Crisis Svcs/Call for Information	1-800-537-6066
Franklin County			24 HRS	Abused Womens Advocacy (778-6107)	1-800-559-2927
Hancock County			24 HRS	Next Step Domestic Violence Project	1-800-315-5579
Kennebec/Somerset			24 HRS	Family Violence Project	1-877-890-7788
Knox/Lincoln/Waldo			24 HRS	New Hope for Women (563-2404)	1-800-522-3304
National			24 HRS	Nat'l Domestic Violence TTY1-800-787-3224	1-800-799-7233
Penobscot			24 HRS	Spruce Run	1-800-863-9909
Penobscot/Piscataquis			24 HRS	WOMANCARE (564-8401 after 4 PM)	1-888-564-8165
Washington County			24 HRS	Peaceful Choices/ Call for Information	1-888-604-8692
York County			24 HRS	Caring Unlimited/Call for Information	1-800-239-7298

## Support Group Additions or Deletions

If you should know of a support group that is just beginning, one that is not included in our listings or one that is no longer meeting, please help us by completing this form and mailing it to the address below.

Your name and telephone number (for verification purposes only)

\_\_\_\_\_ Phone: \_\_\_\_\_

Type of Meeting: \_\_\_\_\_

Circle the meeting descriptions that apply to this meeting:

Step	Beginners	Big Book	Closed	Discussion
Child Care Provided		Accessible	Gay	Grapevine
Lesbian	Men Only	Women Only	Tag	Speaker
Youth	Spanish/French	Sign Language	Interpreted	

Day of the week the meeting occurs: \_\_\_\_\_

Is this meeting to be added or deleted from our listings? \_\_\_\_\_

Time of day: \_\_\_\_\_ AM or PM

City or town in which the meeting takes place: \_\_\_\_\_

Location of the meeting (please include building name, street or road name and number): \_\_\_\_\_

Optional: Contact person and telephone number (to be listed in our public listing): \_\_\_\_\_ Phone: \_\_\_\_\_

Please return to: Office of Substance Abuse/Information & Resource Center  
AMHI, Marquardt, 3<sup>rd</sup> Floor  
11 State House Station  
Augusta, ME 04333  
Phone: 1-800-499-0027 TTY: 1-800-606-0215  
FAX: 207-287-8910